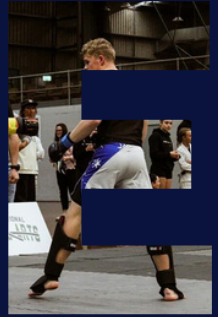


ASPIRING/



ATHLETE PROGRAM





ABOUT THE PROGRAM

St Joseph's Catholic High School has partnered with local businesses to develop our Aspiring/Elite Athlete Program. The program is for students who are aspiring to or participating at elite level in their chosen sport. The program encompasses not only their sporting achievements but creates a viable future pathway which includes their academic studies.

Students in the program will have access to:

- 2 x excursions to Bai Med Performance Centre for fitness testing
- Several education programs on a range of topics to develop the athlete (including mental health, time management, leadership)
- Strength and conditioning training programs
- School teacher mentor meetings to help students cope with school and training workload
- Recovery workshops
- Nutrition practical and theory workshops
- Guest Speakers

Other opportunities may include (additional costs may be involved):

- High Performance Camp (additional costs to attend this)
- Educational sessions (nutritional and recovery workshops, olympic athlete speakers, mindset training)
- Sport photoshoots for school marketing

Applications open from Term 3.





ENROLMENT POLICY AND PROCEDURES

1 - The Application Process

- 1.1 The application for enrolment period is open from **Friday 8th August 2025 until 4pm on Friday 5th September 2025**. Application forms are available online at www.sjchsdow.catholic.edu.au.
- 1.2 Lodgement of the relevant application for enrolment into the Aspiring/Elite Athlete Program will be deemed as agreeing to support the policy and procedures.
- 1.3 All applications lodged with the school by the closing date will be treated in accordance with *Section 3 - The Enrolment Process*.



2 - Selection Criteria for Enrolment

- 2.1 The Aspiring/Elite Sporting Program is open for inclusion of all sports, including dance.
- 2.2 To qualify for selection into the Aspiring/Elite Sporting Program, the following criteria must be met.
 - 2.2.1 An excellent attitude towards school
 - 2.2.2 An outstanding sporting record or potential
 - 2.2.3 Demonstrated good sportsmanship
 - 2.2.4 A sound academic record, maintaining conscientious effort across all subjects
 - 2.2.5 A commitment to the school values outlined in the school diary with a sound behaviour record
 - 2.2.6 A commitment to 'give back' whilst in the program. Students would have to negotiate a 'give back' component to their program, for example supporting the development of younger players
 - 2.2.7 A commitment to the school sport program - representing St Joseph's Catholic High School in the nominated sport (if unable to, must notify the Principal or Sports Coordinator as to the reason why)
 - 2.2.8 100% commitment whilst in the program.
- 2.3 There will be a capped number of students chosen to participate in the Aspiring/Elite Sporting Program.
- 2.4 A confidential referee check will be obtained from the referee details provided in the application form.



Failure to meet these requirements may lead to removal from the program.



ENROLMENT POLICY AND PROCEDURES

3 - The Enrolment Process

3.1 Enrolment into the Aspiring/Elite Sporting Program requires an annual application. **There is no automatic guarantee of acceptance.** Students may apply the following year if they do not get selected.

3.2 The application for enrolment period is from **Friday 8th August 2025 until 4pm on Friday 5th September 2025.**

NO LATE APPLICATIONS WILL BE ACCEPTED.

3.3 Students may be interviewed and/or photographed by the media. It is a requirement that a *Consent for the use of Student Image form* is completed for all students selected into the program.

3.4 The Principal is to determine the composition of the interviewing/selection committee.

3.5 The Principal and the interviewing committee will meet prior to the commencement of the interview process to:

- determine the procedure to be followed for assessing applications, and
- decide if it is necessary to choose any further panel members for the interviews.

3.6 On the basis of section 2 - Selection Criteria for Enrolment, an interview list as determined by the Principal, will be developed and offers for interviews will be made. The application *does not* guarantee an interview. The Selection Criteria must be met.

3.8 Interviews will take place during Week 9 of Term 3.

3.9 At the completion of the interview process, successful applicants will be sent an Acceptance of Offer/Code of Conduct for entry into the Aspiring/Elite Sporting Program. By signing this, both students and parents/carers indicate their acceptance of the conditions of enrolment into the program.

3.10 A non-refundable administration fee of \$50.00 is to be paid with submission of the Acceptance of Offer. If this is not paid, the acceptance may be deemed unsuccessful.

APPLICATION ENROLMENT TIMELINE

The enrolment period is from Friday 8th August 2025 until 4pm on Friday 5th September 2025. Application forms are available online at www.sjchsdown.catholic.edu.au.

Completed online application form by 4pm Week 7, Friday 5th September for consideration into the Aspiring/Elite Sporting Program.

The Principal and interviewing committee will meet to arrange interview times.

Interviews will take place in Week 9 of Term 3 in person.

During Week 10, successful applicants will be sent an Acceptance of Offer/Code of Conduct into the Aspiring/Elite Sporting Program.

Acceptance of Offer/Code of Conduct forms are due back by 4pm Term 3 Week 10 Friday 26 September 2025.

In Term 4 2025, selected students will commence the program.



STUDENT ENROLMENT APPLICATION

Checklist for Submission

- ☐ Read through the information booklet
- ☐ Online application form completed

Further Information

Thank you for your application. If you require any further information regarding the program, please send us an email at powers01@dow.catholic.edu.au or contact the school Office on 4230 8500 and we will get back to you as soon as possible with your enquiry.

Closing date for applications is *4PM ON FRIDAY 5 SEPTEMBER 2025.*

Please ensure we have received your application at powers01@dow.catholic.edu.au before this date.

**NOTE: This application *does not* guarantee an interview. The selection criteria for enrolment must be met.
You will be contacted if you are successful in gaining an interview.**