



# St Joseph's Catholic High School

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16 September 2019

Dear Parent/Guardian

## Senior Retreat 2019

As part of our school Religious Education Program, Year 11 participates in a three day/two night retreat. The retreat is an important and compulsory part of the religious component of the school, which provides an opportunity for students to explore their own relationships and spirituality. We expect all students in Year 11 to attend the retreat. The Senior Retreat consists of numerous activities, quiet time and journaling as well as small group discussion time. All meals and accommodation are provided at these two excellent venues. Previous students speak of this Senior Retreat as a real highlight of the senior years and we are very happy to be providing this opportunity for your son/daughter after their Preliminary Exams and before the HSC Year commences.

- Theme:** Light of the World
- When:** Wednesday, 30 October – Friday, 1 November 2019
- Cost:** The cost of the retreat has already been included in your school fees (It would be appreciated if you could please make arrangements for the cost of the camp to be paid by 10 October 2019).
- Transport:** Bus. (Provided by the school both to and from both venues)
- Where:** We are on two retreat sites, with the year group split in half
- 'Winbourne Conference Centre', Mulgoa Ph: 4773 5555
  - 'The Hermitage' (Le Rosey Site), Mittagong Ph: 4872 1911
- Time:** Depart school at 8:30am on Wednesday, 30 October and we will return by 3:00pm on Friday, 1 November 2019.
- Supervision:** The Retreats will be fully supervised day and night by our St Joseph's staff. The same rules which apply to drugs and alcohol at school apply at the retreat.  
*In the instance of major breaches of discipline, parents will be contacted to come and collect their son or daughter at any time of day or night.*
- What to Bring:** Casual clothes, toiletries, sleeping bag and pillowcase, 2 towels (one old). Students will NOT be permitted to use their mobile telephones at the retreat, except when permission has been given (by a teacher) for taking photos or listening to music during allocated times. This is a time to get away from the technological environment and to spend time with friends to develop relationships, self-awareness and growth in faith.

Could you please fill in the attached Student Information Form and return to the school office by **Monday, 23 September 2019**. Special Dietary requirements cannot be met if forms are returned late.

Yours sincerely,

Miss Eliza Biddle  
Religious Education Coordinator  
Direct: (02) 4230 8504

Mr Brian Hetherington  
Year 11 Coordinator

**SENIOR RETREAT 2019 ~ Student Information Form**

Please complete and return to the front office by Monday, 23 September 2019

Student's Name: ..... Homeroom: .....

I am aware that my son/daughter will be attending the Senior Retreat as outlined in the accompanying letter. I understand that I will be required to come and pick up my son/daughter if contacted by the school.

Signed: (Parent/Guardian) .....

**Medical Details/Medication.**

Please indicate below any medical condition/problems relevant for staff supervision, e.g. if Asthmatic, please include details of medication and dosage. Staff need to be informed of any medical details here:

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**Dietary Requirements.**

Please circle one and indicate any other dietary needs if applicable:

Normal          Vegetarian          Gluten Free          Other: .....

**Primary Emergency Contact.**

Name: .....

Contact Numbers: .....

Relationship to Student: .....

**Secondary Emergency Contact.**

Name: .....

Contact Numbers: .....

Relationship to Student: .....

**Health Fund (if applicable)** .....

**Medicare Number:** .....

**Any other Information that staff may need to know:**

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