



Dear Parent/Carer,

It has been identified that your son/daughter would benefit from school counselling. The school counselling service at our school is provided by CatholicCare. The CatholicCare school counsellors are qualified professionals who will work with your son/daughter to support their social and emotional wellbeing.

Some important information about school counselling:

- School counsellors record some personal information about students and their families, to help provide appropriate support.
- This information is stored securely in a locked cabinet.
- School counsellors will only share information about students with their parents/carers, select school staff or external support services when:

- *Sharing information needs to occur to support the safety, wellbeing and welfare of a student,*

*And/or*

- *A student is at risk of significant harm to themselves or others*
- Wherever possible, school counsellors will seek the consent of the student and/or the parent/carer before sharing information.
- Students and counsellors together decide how often they will meet, the length of the sessions and the types of activities and topics that will be addressed.
- School counsellors encourage students to participate in setting the goals for counselling; in some cases, parent/carers or school staff will also be involved in goal setting.
- In order to provide a high quality service parents/carers are encouraged to give feedback on the support provided.

Please provide signed consent for your son/daughter to access school counselling and return this form to the school:

Parent/s Name: \_\_\_\_\_ Signature: \_\_\_\_\_ Date: \_\_\_\_\_