

# ST JOSEPH'S CATHOLIC HIGH SCHOOL

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Date: 25th June, 2015

Term 2 Week 10B

Dear Parents, Staff and Friends of St Joseph's Community,

## Reports and Parent / Teacher Interviews

Years 7 to 10 Reports will be issued this week to students as Term 2 concludes. Term 3 commences on Monday 13th July, 2015 (Week 1A). Parent Teachers Interviews for Years 7-10 are being held on Thursday afternoon/evening 16th July (3:50pm-8pm) and Friday morning 17th July (8:40am-11:10am). These interviews are an important opportunity for you to discuss your child's progress with their class teachers. The feedback to students will assist them with future goals and directions for the second half of the school year.

## Pupil Free Day

The Term 3 Staff Professional Development Day will be held on Friday 31st July, 2015 (Week 3).

## Year 7~2016

All families who applied for a placement in Year 7, 2016 have received letters informing them of enrolment placement decisions. There has been a very healthy demand for placements at the school once again reflecting the high esteem and regard that the local community has for St Joseph's Catholic High School.

## P&F News

The next P&F Meeting will be held on Wednesday 29th July, 2015.

## Volunteers Working with Children in Catholic Schools

### *A shared Commitment to creating Child Safe Catholic Schools*

Volunteers offer a valued support base for our Catholic schools, assisting school staff to provide a range of high quality opportunities to promote the learning, wellbeing and growth of students. As partners in the education of your child, schools encourage parents and carers to play an active part in the school life of their children and appreciate that you will consider volunteering when the school asks for assistance.

The protection of children entrusted to our care is a very serious responsibility. It is important for parents and carers to be aware of some steps that we take to ensure their safety. In 2013 the NSW Government introduced a new *Working with Children Check (WWCC)* Scheme which is being phased in over a number of years. The WWCC is free for volunteers. I encourage all volunteers to register for the check. The details are given in the document attached to this newsletter.

Mr John Barrington  
Principal



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## Assistant Principal

### Compulsory Hard Copy Diaries

As previously notified, this term we have offered an additional means of communication between teachers and parents with the introduction of the school eDiary. The eDiary has enabled students and teachers to electronically record homework and your child's classroom teachers can message parents who have registered their access to the eDiary. However, there is still the need for your child to bring their hard copy School Diary to school every day for the many other reasons that the school needs to communicate with parents and vice versa.

Only your child's regular classroom teachers are able to use the messaging facility of the eDiary to communicate with you. Therefore, if your child's teacher is absent, the replacement teacher is unable to send you an eDiary message to communicate messages in relation to good work or otherwise. Therefore, substitute teachers, playground duty teachers, Year Coordinators, KLA Coordinators, Mr Barrington and myself, will continue to communicate with parents via the hard copy School Diary.

All students have been reminded a number of times that it is a compulsory requirement to have their hard copy school diary with them at all times during the school day. This particular communication channel is an integral part of our working together to support and encourage your children to improve in their learning.

### Uniform Matters

Parents are reminded that St Joseph's has very clear guidelines for uniform and grooming. This includes no ear piercings for boys and no facial piercings for boys and girls, along with no visible undergarments, no non-school jumpers and/or jackets. Students breaching the school's policy in relation to uniform can expect to be excluded from school lessons and other school activities, if they present themselves with these items, which are contrary to the School Uniform and Grooming Policy which can be accessed in your child's diary.

*Mrs Jenny Bell, Assistant Principal*



Raising a family is one of the hardest things you'll ever have to do in your life. There is no hard and fast rule about how to do it right, but there are many common sense strategies that will help in the long run. I often think that being the person you want your children to be is a good mantra.

We, as parents, are our children's first teacher. If we have a good work ethic, good chance they will. If we are caring, good chance they will. If we treat people with respect, good chance they will! In this week's article, Michael Grose presents 10 Mindsets for bringing up your children. It includes: believing in your child, accepting that adversity builds character and my favourite, "That this, too, will pass". If you get time, have a read. I hope all our students get to have a good rest, particularly our Year 12 students who have an extra challenging term ahead of them!

*Mrs Megan Schibeci, Pastoral Care Coordinator*

### Vinnie's Winter Appeal

A big thank you to both the students and staff for your generous donations to the Vinnies Van! Donations were collected earlier this week and the St Vincent De Paul Society were extremely grateful. However, if students have not yet bought in a can of soup they can still do so until the end of term. All cans of soup can be bought straight to the Library and placed on the collection pile.

### Students vs Teachers Soccer Game

On Tuesday 23rd June, we held a Students vs Teachers Soccer game in the gym during lunch to raise money for Little Joeys. All players and spectators paid a gold coin donation and we raised a total of \$87. A huge thank you to the following teachers who gave up their lunchtime to play: *Mr Milburn, Miss Popovska, Mr Phipps, Mrs McNamara, Mrs Linsley, Mrs Nascimento, Mr Garbutt and Mr Pope*. The game was close, with a one all score for most of the game, but the Year 12 team managed to score another two goals at the end, making the final score 3-1. This term, the students have won, but let's see if they can maintain their winning streak next term!

*Miss Senitta Hurley*



**The School Musical opened last night!**

**Tickets are still available for Friday Evening, Saturday Matinee and Saturday Night so hop online, book some tickets and come along for an enjoyable show!!**

Click [here](http://www.trybooking.com/HXRU) or visit <http://www.trybooking.com/HXRU>.





### School Reports Years 7-10

Student Reports are being distributed at the end of this week. If students are absent, their report will be held in the Curriculum Office for collection when school returns after the holidays. Reports for students involved in the school musical will be

sent to the theatre to be distributed there on Friday. Don't forget to make your appointments for Parent Teacher interviews via the Parent Portal. Bookings will close on Wednesday 15th July, at 3pm.

*Mr Paul Hughes, Curriculum Coordinator*



### Year Meeting Agendas

Last week Year 12 students were treated to a special breakfast which offered them all a chance to relax and come together as they watched photos of themselves from their past years at school. The photos were kindly prepared by School Captain, *Melanie Bletas*. The school student leaders decided that a breakfast would be a wonderful opportunity for them to relax at this stressful time with only two more school weeks before the trial exams.

This week we focus on 'keeping the main thing the main thing' and looking forward to the end of Year 12 formalities. Parents are reminded that if they have concerns with their children facing the Trial HSC Examinations, to give me a call or send me an email. They are also reminded about our counselling offered by CatholicCare.

*Mrs Sue Kennedy, Year 12 Coordinator*



### Canteen Roster 2015

13th July	Kim Power, Vaska Kitanovski
14th July	Linda Wilson, Zora Volf,
15th July	Leanne McMillan, Oriana Dimise, Tina Brown, Amanda Quintel
16th July	Robecka Perri, Christine Brown, Tracey McLaughlin
17th July	<b>Pupil Free Day</b>

### \*\*\*\* Important Dates for your Diary \*\*\*\*

- 26 June - School Musical**
- Final day Term 2**
- 27 June - School Musical Final Night**
- 13 July - Term 3 Commences**
- 16th July - Parent Teacher Interviews 7-10**  
(from 3:50pm-8pm)
- 17th July - Parent Teacher Interviews 7-10**  
(from 8:45am-11am) Pupil Free Day
- 27th July - 10th Aug HSC Trial Exams**
- 31st July - Staff Development Day**  
Pupil Free Day
- 5th Aug - Year 10 Retreat**
- 20th Aug - Science Expo**

**Uniform Shop Helper**  
**16th July**  
**Karen Edwards**



# SPORT REPORT

## Sports Stars of the Month Award

At St Joseph's we have many talented athletes who are sports stars and shine in a range of sports. Each month we will now recognise students who are doing great things in sport! This month, we recognised students who have excelled in their chosen sports since the beginning of the year and the nominees for May were: *Jenna Irish, Sam Giles, April Hockey, Alexis Edwards, Hayley Seeney, Josh Norris, Tahlia Wilson, Mikayla Stephen, Sophie Edwards, Kaelah Austin and Sione Lufe*. We are pleased to announce that our Junior Sports Star for May is *Izak Parkes* and the Senior Sports Star, *Matthew Sperring*. Congratulations!



Izak represented Southern Country at the NSWCCC Rugby League Championships and has been selected in the NSWCCC Country Rugby League Team. Matthew won gold medals in the U/15 Ironman Surf Race and Cameron Relay at the NSW State Surf Lifesaving Championships. At the Australian Surf Lifesaving Championships at North Kirra Beach he finished the carnival with two Australian Silver Medals and a 4th place. He has been named in the Australian Youth Lifesaving Team Target Squad which will tour the Netherlands in 2016. Congratulations to both students!

We can only nominate students that we know about, so please let us know of your child's

outstanding achievements in their chosen sport so that they too can be considered for a Sports Star award!

## U/13 Boys Soccer Report

The U/13 Boys Football team took part in an invitation only, one off special football event between Edmund Rice College, Corpus Christi and St Joseph's. Our first game was against Edmund Rice B Team and with strong play in all areas from kick off, St Joseph's won 3-0. Our second round against the Edmund Rice A Team was a much harder game and unfortunately the boys went down 5-0. In our third and final game against Corpus Christi, the boys fought back from being down 3-0 at half time and after some tactical changes were successful in a 4-3 win!

The full team of *Dylan Ahearn, Antoni Anic, Mitchell Austin, Reid Callaway, Adrian Carella,*

*Athan Dedis, Thomas Di Pietro, Aaron Massey, Cory Murrell, Dominic Plattner, Preston Ridley, Zaiden Smith, Callum Barton and Jaiden Ketteringham* were excellent ambassadors for the school. Well done!

*Mr Casolin—a very proud Coach!*

## NSWCCC Touch Championships

Last week St Joseph's students travelled to Port Macquarie to represent the Wollongong Diocese in the NSWCCC Championships. Congratulations to *Taylah Vella, Mitchell Heffernan, Jarrod Coomby, Kade Sampson, Bailey Warren and Kaelah Austin* who represented St Joseph's with pride played some great Touch on the day!

## Boys Open Basketball NSWCCC Finals

Also last week, St Joseph's Open Basketball Team competed at the NSWCCC competition in Penrith. The boys played 4 intense games against particularly formidable opponents. The boys showed perseverance and spirit, never giving an inch and playing tooth and nail right to the end of each match. Congratulations to the whole team on a great effort - *Lachlan Wallace, Noah Fleming, Luke Arthur, Luke McGlashan, Blake Dimise, Jarrod Cann, Phoenix Box, Connor Burton and Jackson Green*.

*Mrs Michelle Garbutt and Mrs Jodie Linsley*

*Sports Coordinators Remember - "Too much sport is never enough"*







## UOW Early Admission Important Dates!

Monday 3rd August - Applications OPEN. Friday 28th August - Applications close at 5pm.

10th -12th September - Applicants will be notified if they have been shortlisted for an interview.

28th - 30th September - Early Admission interviews.

7th - 11th October - Early Admission outcomes sent to applicants.

1st December - all successful applicants will need to have their UOW Early Admission place as their first UAC preference by this date so that they can be made a formal UAC offer on 3rd December.

### UOW Pre-Medicine Degree

The UOW Bachelor of Pre-Medicine, Science and Health is a 3 year full-time undergraduate course with an ATAR of 95. Click [here](#) for further information.

### Australian National University - Degree for High Achievers Information Session

Monday 3rd August, 4:30pm-6:30pm, 136 Linnaeus Way, ANU, Canberra. Click [here](#) for details.

**UTS Discover Session - Nursing** Wednesday 22nd July 6pm. Click [here](#) for details.

### University of Notre Dame Information Evenings

Getting to Know Nursing - Tuesday 1st September, 6pm, 160 Oxford St, Darlinghurst.

Time Management for Year 12—Wednesday 30th September 9am-12:30pm, 104 Broadway, Chippendale.

Click [here](#) for details on both courses.

**University of Sydney—College of the Arts Information Evening** Thursday 2nd July, 4-8pm. Click [here](#) for details on admissions and portfolio preparation.

**Charles Sturt University - Virtual Campus Tours** Prospective students can now view CSU's campuses from the comfort of their own home. Click [here](#).

### Amcontrol Apprentice and Trainee Program

The Amcontrol Apprentice and Trainee Program offers positions to people interested in undertaking an electrical, electronics, fabrication or mechanical apprenticeship. Click [here](#) for details.

### Tomago Aluminium 2016 Apprentice Intake

Applications close Friday 3rd July. Tomago Aluminium is an aluminium smelter offering 4 year apprenticeships commencing in January 2016. Click [here](#) for details.

### South Western Sydney Institute Information Sessions

Travel and Tourism - Tuesday 23rd June, 9:30am-6pm

Fashion Design and Technology—Wednesday 24th June, 10am. Click [here](#) for details.

### Academy of Information Technology Information Nights

Tuesday 21st July, 6-8pm and Tuesday 18th August, 6-8pm at Level 2, 7 Kelly Street, Ultimo. Click [here!](#)

### Sydney Design School Information Sessions

Thursday 25th June, 6pm and Thursday 2nd July, 6pm. Level 2, 40 Oxley Street, St Leonards. Click [here!](#)

### Sydney TAFE Music Information Sessions

Wednesday 24th June, TAFE Ultimo, Building M, Level 1, Room M1.15. Click [here](#) for details.

### Fashion Institute Open Days

The Fashion Institute offers a Nationally Recognised Diploma of Business located at Surry Hills, Sydney. They would like to invite Year 10, 11 and 12 students to their open days during July. If you would like to attend please email [info@thefashioninstitute.com.au](mailto:info@thefashioninstitute.com.au) to secure your place.

### Actors College of Theatre and Television Open Day

Saturday 29th August, 41 Holt Street, Surry Hills. Click [here](#) for details.

## **Year 11 Work Experience - ATTENTION**

**Year 11 have until tomorrow - Friday 26th June - to return your completed work experience form to Mrs Kennedy. Please do not be late!**

Mrs Sue Kennedy, Careers Advisor



### Important Dates for your Diary:

**26th June - Applications for Work Experience close for Year 11**

1st July - BlueScope Cadetships for 2016 posted on their website

3rd August - UOW Early Admission Opens

29th, 30th June - BlueScope Cadet Snap Shot Days

12th-16th October - Year 11 on Work Experience

<b>EXCURSIONS</b>		
<b>Excursion Name</b>	<b>Date</b>	<b>Payment/ Permission Note Closing Date</b>
UOW HSC Mathematics Revision Day		<b>CLOSED</b>
Leadership Breakfast		<b>CLOSED</b>
NSW CCC Open Boys Basketball Championships - Updated Permission Note		<b>CLOSED</b>
Secondary Dio Netball Carnival 2015	20 July	<b>13 July</b>
Ancient History Museum Tour and Exhibition 2015	23 June	<b>CLOSED</b>
Year 7 School Musical Excursion	24 June	<b>CLOSED</b>
Yr 12 Formal 2015	20 Nov	<b>4 Nov</b>
<p><b>NO LATE PAYMENTS WILL BE ACCEPTED. PLEASE DO NOT PLACE INTO THE BOX AFTER CLOSING DATE - REMINDER THAT ALL PERMISSION NOTES ARE ON THE SCHOOL WEBSITE.</b></p>		



17 June 2015

## A message from the Director of Schools to Parents and Carers

### Volunteers working with Children in Catholic Schools

#### *A shared Commitment to creating Child Safe Catholic Schools in the Diocese of Wollongong*

Volunteers offer a valued support base for our Catholic schools, assisting school staff to provide a range of high-quality opportunities to promote the learning, wellbeing and growth of students. As partners in the education of your child, Schools encourage parents and carers to play an active part in the school life of their children and appreciate that you will consider volunteering when the school asks for assistance.

The protection of children entrusted to our care, is a very serious responsibility. It is important for parents and carers to be aware of some steps that Catholic Education, Diocese of Wollongong schools are taking to help maintain Child Safe Catholic Schools.

In 2013 the NSW government introduced a new *Working with Children Check* (WWCC) scheme which is being phased in over a number of years. The WWCC is free for volunteers.

Under NSW legislation many of our **parent volunteers** (and close relatives as well) in schools are exempt from requiring a *Working with Children Check*. To help ensure a Child Safe school for your children we are taking a range of important steps.

These steps are explained in the guide: <http://bit.ly/Requirements4SchVolunteers>

When parents and carers are being engaged to volunteer they will be asked to either:

- (i) Provide their *Working with Children Check* (WWCC) details *if* they already have obtained a WWCC for other work; **or** otherwise
- (ii) Complete a **Declaration**.

The school will assist parent volunteers with this process.

Existing volunteers will be contacted by the school to similarly complete this process in due course.

Catholic Education, Diocese of Wollongong appreciates your support in maintaining Child Safe Catholic Schools. Should you have any questions or require any further information please contact the School, or Catholic Education, Diocese of Wollongong on (02) 4253 0800 or by email to [workingwithchildren@dow.catholic.edu.au](mailto:workingwithchildren@dow.catholic.edu.au)

Thank you for your ongoing support and active involvement as we work together to create vibrant Catholic schools that support every student to grow in faith and improve in learning.

Yours sincerely

Peter Turner  
Director of Schools  
Diocese of Wollongong



# Parenting *ideas*


## INSIGHTS

### Building parent-school partnerships

WORDS Michael Grose

# 10 mindsets to improve your parenting

The best intentions may not be enough to raise happy kids. Here are 10 mindsets to help you on the path to parenting success.



All parents want to be successful and raise kids to be happy and contributing members of our community. Good intentions are not enough. Often there is no difference between one parent and another in terms of skills, knowledge and understanding of kids. However, the biggest difference can be found in parents' mindsets, rather than their parenting skills and understandings. Here are 10 mindsets for parenting success:

#### 1 Believe in your child

This is easy if you have an early maturer, a child who has talents you value, or one who easily achieves anything he or she puts his mind too. But it's a different story if you have a child who struggles at school or to make friends, or just has a different interest to you. Your belief in your child's abilities is revealed through your expectations, your body language, even the expression on your face.

#### 2 Look for the best

What you focus on expands so if all you see is misbehaviour, weakness and poor performance than you'll get more of those things. Set your antennae for children's strengths, abilities and social behaviours and you'll invariably get more of those.

#### 3 Think long term

If you want your child to become independent then don't do everything for him or her; you need to teach them some skills so they can become self-sufficient.

**Awareness, teaching and opportunity** are the main requirements for kids to pick up these skills. They need to be aware of what can be done. They need to acquire the skills- some take more teaching than others. They also need the opportunity to put things into practice.

#### 4 Be brave

Parents of large families invariably give their later born children more freedom than they gave their first-born. We are always stricter with our first-born than later born as by the time you have 4 or 5 kids you've worked out what's worth worrying about. So if you are parent of one or two kids give them more freedom and responsibility; you need to be brave!

#### 5 Think family

Successful parents have found a way to lead their family in one direction. To do this you must think in terms of parenting 'the gang' rather than individual children. "What's in the best interest of my child?" has replaced "What's in the best interest of the family?" as the guiding family principle. This has partly come along as a result of small families, and partly it's a social imperative that is common among aspirational parents where wanting the best for your kids means wanting what's best for each child as an individual, rather considering what may be in the best for the entire gang.

#### 6 Accept challenges

There are always challenges raising kids. It's important to embrace these challenges whether they are behavioural, or a child has struggles at

school, or he is moving into puberty. It's these challenges that will make you a better parent.

#### 7 Build your community

Parents don't raise kids well in isolation yet there is often a reluctance to share the parenting with others. Successful parents know they haven't all the answers so they build a community of support and expertise around them.

#### 8 Trust the process

Sometimes the desire to want the very best for our child can lead us to interfere at school, pre-school, childcare, even when kids are at their grandparents. It's best to trust the process and allow people to educate, care for and look after your child in their own way.

#### 9 Adversity builds character

It's natural to want life to be easy for our children, but sometimes in an effort to ensure their well-being we smooth things over for them. It is through the small hardships that kids experience that they build the persistence and resilience necessary for continued success.

#### 10 This too shall pass

The hardest part of parenting is supporting kids when life doesn't go their way. There is plenty of research that suggests that kids benefit from having parents who have a positive parenting style that gets the balance right between protecting, teaching and nurturing kids when life gets hard. This starts with the belief that "This hardship too shall pass."

Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at [parentingideasclub.com.au](http://parentingideasclub.com.au). You'll be so glad you did.







# *St Michael's Thirroul*

## *75th Anniversary Celebrations*

We are inviting all St Michael's ex students, parishioners and special guests to join us in celebrating *75 Years* of St Michael's Catholic Parish Primary School.

**Friday 7th August** - Mary MacKillop Mass:

9:30am - We will be holding a Mass within the school grounds – Please bring a picnic chair

Morning tea in the McCarthy Centre will follow the Mass

Burial of a Time Capsule to mark our 75th year

Please **RSVP by 17<sup>th</sup> July 2015**: Phone 4267 2560 or Email [info@smt Dow.catholic.edu.au](mailto:info@smt Dow.catholic.edu.au)

**Saturday 8th August** - Mary MacKillop Feast Day:

5:30pm - Mass in St Michael's Parish Church

6:30pm - Dinner at Thirroul Bowling Club, at a cost of **\$30 pp** for a 2 course meal.

Please **RSVP by 17<sup>th</sup> July 2015** (In person or post cheque to PO Box 86, Thirroul 2515 -  
Please include the Booking Form with your payment)