

ST JOSEPH'S CATHOLIC HIGH SCHOOL

Principal: Mr John Barrington
Tel: (02) 4230 8500
Fax: (02) 4256 5793
Student Absences: 4230 8585
Postal Address: PO Box 130, Albion Park NSW 2527
Email: info@sjchsdown.catholic.edu.au
Website: www.sjchsdown.catholic.edu.au

Date: 13th May, 2015

Term 2 Week 4B

Dear Parents, Students, Staff and Friends of St Joseph's Community,

World Communications Day - Sunday 17 May

With this Sunday being 'World Communication Day' the Australian Catholic Bishops Conference have released a Social Networking Policy for the Catholic Church in Australia as well as some other very informative resources. Bishop Peter Ingham, in his role as the Bishops Delegate for the Media, has issued the following message.

2015 Message for World

Communications Day comes at an opportune time. Family life can be challenging, but ultimately, the greatest gift we have. Families come in all shapes and sizes. Pope Francis has demonstrated a frankness and openness to dialogue in calling the Synod on the family, and in choosing it as a topic for World Communications Day 2015, he puts it at the forefront of our minds in our engagement with the communications media.

In his opening paragraph, he explains: The family is a subject of profound reflection by the Church and of a process involving two Synods: the recent extraordinary assembly and the ordinary assembly scheduled for next October. So I thought it appropriate that the theme for the next World Communications Day should have the family as its point of reference. After all, it is in the context of the family that we first learn how to communicate.

Focusing on this context can help to make our communication more authentic and humane, while helping us to view the family in a new perspective.

I pray that you are able to wholeheartedly enter into the celebration of the gift of social communication and the gifts of family life.

With every blessing in Christ,

Bishop Peter Ingham

Bishops Delegate for the Media

THE SEVEN DEADLY SINS APPLIED TO SOCIAL MEDIA

- Pride:** Are you seeking affirmation or do you need to eat some humble pie?
- Envy:** Focus on what you do well and take strength from your triumphs.
- Gluttony:** Social Media is best in moderation.
- Lust:** Sexuality is a gift from God and pornography exploits that gift.
- Anger:** Think rationally before posting.
- Greed:** Try to avoid over-sharing.
- Sloth:** Be productive, have purpose in your social media engagement.



THE SEVEN HEAVENLY VIRTUES APPLIED TO SOCIAL MEDIA

- Faith:** *Share your faith online.*
- Hope:** *Try to convey positive messages that give hope to others.*
- Charity:** *Share your likes generously, and encourage others.*
- Fortitude:** *Take strength and behave appropriately in adversity.*
- Justice:** *Treat others as you would wish to be treated.*
- Temperance:** *Don't spend all day online. Pray, live, love.*
- Prudence:** *Think before you post.*

The policy has been included with this newsletter for your consideration.

Mr John Barrington, Principal.

parents & friends

Thank you to everyone that came to Monday nights P&F Meeting. To start the meeting Mr Lowe gave us a demonstration of the schools new Laser Cutter. It was amazing to see what this machine can do! Thank you Mr Lowe for your time. Our next meeting will be held on Wednesday 29th July commencing at 7pm. All welcome!

P&F Trivia Night

Don't forget to organise and book your table for the P&F Trivia night to be held on Friday 29th May in the school hall. Tickets are just \$10 and can be purchased from the school office. Please see the flyer attached to the Newsletter for further information.



Vinnie's Winter Appeal

As the months grow colder and the cost of living continues to escalate, we see many families who are struggling to buy food, pay the bills and simply make ends meet. This term, we are focusing on contributing to the Saint Vinnie's Winter Appeal. The Saint Vincent de Paul Society makes a real difference in the lives of 1 out of 18 people in Australia. Each student is encouraged to bring in at least one can of soup to help those less fortunate. The cans will be displayed in a pyramid in the library. Let's see how big we can make the pyramid.



St Vincent de Paul Society
good works

Live Below the Line 2015

Last week, 3 students participated in Live Below the Line, the annual fundraising campaign for Oaktree, one of Australia's largest youth-run organisations. Below is a reflection by *Olivia Nicholson* about her time undertaking the challenge:

Participating in Live Below the Line was a monumental challenge that had participants eating off just \$2 a day for 5 days straight, in order to spread awareness and raise funds for poverty and lack of education in Cambodia. I participated in this challenge from the 4th to the 8th of May and raised \$1,200 for the cause. During this challenge I found myself in the shoes of a person suffering from poverty and was completely segregated from society almost instantly as I couldn't participate in my usual activities. During the middle of the challenge I had the worst experience, as I suffered from severe stomach pains and was so incredibly fatigued. I found it hard to be surrounded by other students whilst they were eating, as I was so hungry I couldn't concentrate. I basically coped by drinking water constantly and eating plain crackers and cheap carrots. My breakfast consisted of oats, my lunch of cheap bread and jam and my dinners were pasta or baked beans. This challenge was a complete eye-opener to just how 1.1 billion people are living everyday and made me appreciate and value food more than ever!

If you would like to make a donation go to www.livebelowtheline.com.au. Click on 'Find a Participant' and search for *Olivia Nicholson, Miranda Moffat and Shantel Mortimer.*

Miss Senitta Hurley



Parents of Year 8 & 10 Students

In the coming weeks the subject selection process for 2016 will begin.

For Year 10, it will be the selection of courses for your pattern of study for the HSC. This can be a challenging time for students but they are reminded that choosing courses where their interests are, is often the most successful way to achieve at their potential in the HSC. For their benefit, there will be a Subject Information Session held at school as well as an Information Evening (Monday 1st June) where questions and queries can be raised to ensure they are making the best choices for them. **More information regarding this process will be available in the coming days.**

Year 8 students will be selecting 2 elective courses that will run over 2 years (9 & 10). These should also be courses that the students are interested in but it is important to note that they have NO bearing on what courses they wish to study in Stage 6. There will also be information sessions held for their benefit in the coming weeks.

Mr Paul Hughes, Curriculum Coordinator



Year 7 English

Year 7 submitted their first formal assessment task for English last week. For some students, this was a very new experience and there was some confusion around what was expected of them. In response to these challenges, a team of peer tutors worked with students requiring extra assistance to meet the demands of the task. The following students generously gave up part of their lunch time to assist their peers: *Kirra Bourke, Bianca Cacciola, Maxwell Flynn, Kristen Llewellyn, Liliane Marchesi, Chloe Markulic, Sophie Mills, Jacina Olivieri, Pj Ong, Ashlyn Pauline and Katie Saunders.*

On behalf of the Year 7 English teachers, I'd like to acknowledge and thank these students for their leadership and express pride in the students who took responsibility for their own learning by attending these sessions in order to improve their performance in English. *Miss Francesca Gazzola*



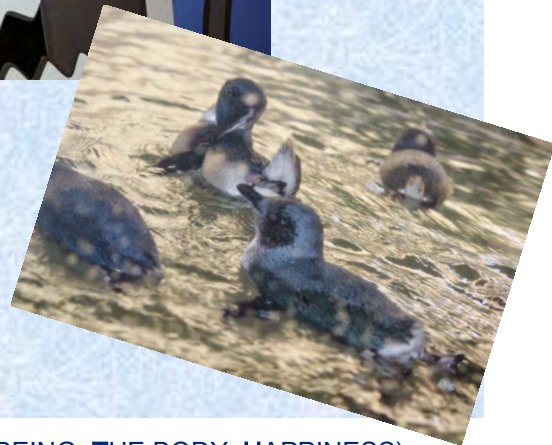
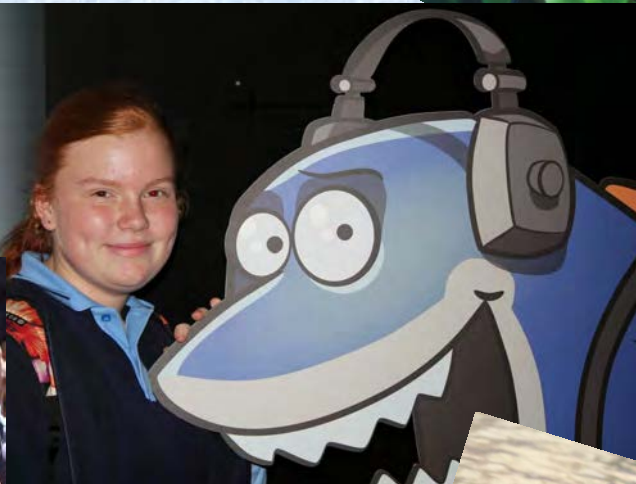
Year 9 PDHPE

This term Year 9 are completing a unit called "Overcoming Adversity". Students will be looking at mental health and teenagers, negative and positive self talk, causes of stress and how to manage stress. An assignment has just been completed on researching an individual who has overcome adversity. In the lime light at the present is a young blind surfer Derek Rebolo. A preview of his story can be found by clicking [here](#). The movie "Beyond Sight" looks at a young mans faith and determination to do the impossible. Take the time to have a look!

Year 7 Geography

On Thursday 7th May, Year 7 students went on an excursion to the Sydney Sea Life Aquarium as part of their study of Coral Reef's and Global Environments. The students experienced sea life first hand and were excellent representatives of the school. Here is an account of the day written by Dominic Plattner.

Today was the best day ever! We started the day by going on the bus and talking with our friends for an hour. When we got there we had to eat our lunch, then we entered the aquarium and saw so many cool things! From huge sharks to tiny little glowing fish we learnt so much and had a great time together. We then got back on the bus and came back after a huge day (some of us even had a little sleep). Overall the day was awesome because we had a day out, got to talk to our friends and maybe learnt something new too!



To see more great photos from this special day out for Year 7, click [here!!](#)

Miss Sarah-Jane Janson, HSIE Coordinator

From the School Office....

School Fee Payments

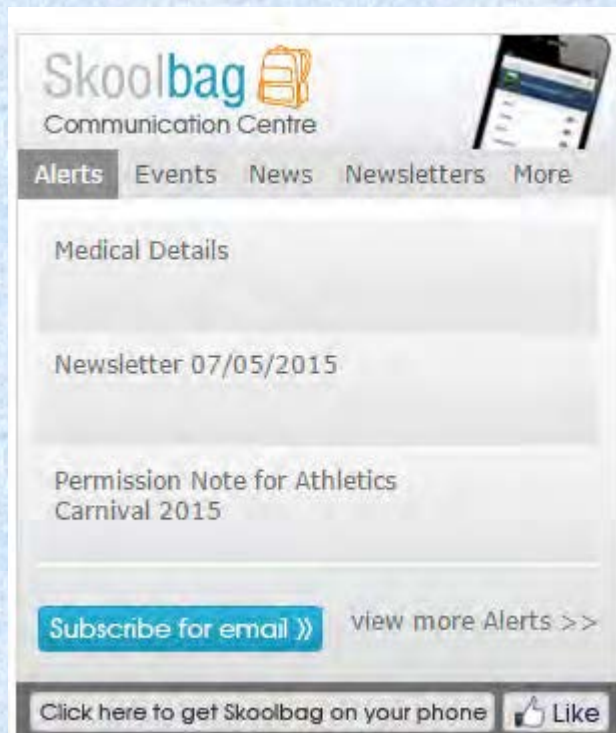
The school now has the facility for Online Bank Transfers for payment of school fees. It is vital that if you are using this facility that a reference is entered. To ensure that the money is credited to the correct family, please use the reference number off the statement. This is the number commencing with 1756.

The details of the account are as follows: BSB: 066-711
Account Number: 001756
Account Name: St Joseph's High Albion Park
Reference: 1756***** (Off your fee statement)

This facility is **only available for fee payments** - please continue to use Try Booking for excursion payments.



We have recently updated our Skoolbag app to help parents and carers with returning notes and changing and updating details. Once you have downloaded the app you will receive push notifications that will help you to return excursion notes instantly. You can access the School calendar and keep up to date with what's going on at St Joseph's all from your phone. Please download the app soon so you can start to receive up to date information. *To download the app go to the App store or Play store and search for 'St Joseph's Skoolbag' or access via our website.*



Thank you to Blooms the Chemist - Albion Park who kindly donated 2 Epipens and 2 puffers to St Joseph's for use in an emergency at school. This was part of Blooms Community Support Program and will be a great addition to our current first aid equipment. Many thanks!

**** Important Dates for your Diary ****

- 29 May - P&F Trivia Night
- 1 June - Year 11 2016 Subject Selection Information Evening
- 2 June - School Athletics Carnival
- 8 June - Queens Birthday
- 16 June - School Photos
- 18 June - Year 7 Vaccinations
- 24 June - School Musical Opening Night
- 26 June - School Musical Final day Term 2
- 27 June - School Musical Final Night

Sport Calendar Term 2 2015

- 19-20th May - NSWCCC Rugby Union Selections
- 21st May - 7-A-Side Rugby Union Gala Day
- 25th May - NSWCC Basketball Selections
- 25-27th May - NSWCCC Football Selections
- 28th May - Rugby Union Waratah Cup
- 2nd June - School Athletics Carnival



We had a number of students who were selected to attend the Regional Rugby League trials in Wagga Wagga on Wednesday 6th May. They included *Kade Sampson, Jacob Belo, Jaiden Fenwick, Mitchell Heffernan, Brandon Formosa, Sione Lufe and Izak Parkes*. After some tough competition *Izak Parkes* and *Sione Lufe* from Year 9 were selected to represent Southern Country at the NSWCCC Championships on the 22nd and 23rd May. We wish them all the best.

Mitchell Heffernan also represented the Illawarra last weekend in the U15's team at the Country Rugby League Championships in Wagga. He played

an integral part in the team winning the Plate. The team will now travel to Cessnock next weekend to compete against Newcastle (who won the plate in the Northern division played in Port Macquarie) in the Plate final.



Congratulations.... To *Taylah Vella and Kaelah Austin* for gaining selection into the Wollongong team to represent the Diocese at the upcoming NSWCCC Touch Football Championships in Port Macquarie on 16th June. This is the third Diocesan team that Kaelah has made this year and a fantastic effort from Taylah who has made the U15's team and is only 13 years of age!

Well done to *Nathan Wilson* who has made the Wollongong Diocese Football team. He will be playing in the NSWCCC Open Football Championships on Monday 25th and Tuesday 26th May at Blacktown. We wish him all the best.

Good Luck to Hayley Seeney who is competing at the NSW All Schools Swimming Championships next Monday 18th May at the Sydney Aquatic Centre in Homebush.

Swans Cup

The Swans Cup U15 Boys AFL has been postponed until Tuesday 19th May at Figtree Oval. Please advise Mrs Garbutt or Mr Lemmon if there are any changes to medical conditions or transport arrangements as a new permission note will not be issued. An information letter for parents has been sent home.

Upcoming Events

- ⇒ 7-A-Side Rugby Union Gala Day at Kiama Showground - Thursday 21st May
- ⇒ 1st XV's Rugby Union Waratah Cup at Shoalhaven Rugby Club - Thursday 28th May
- ⇒ All Schools Rugby League Gala Day - Tuesday 9th June

Ex-Students Sporting Success!!

Congratulations to two ex-students *Jack Hayes and Blake Govers* who were recently in Hobart playing hockey in a series of International matches. The boys are members of the Australia A Hockey Team who were playing against Pakistan. Blake received his first cap for the Australian team (Kookaburras) at that tournament.

Remember - "Too much sport is never enough!"

Mrs Michelle Garbutt and Mrs Jodie Linsley, Sport Coordinators

School Athletics Carnival

A reminder that the school Athletics Carnival will take place on Tuesday 2nd June at Croome Road Complex. Students are asked to register their mode of transport to the venue, on the Google Doc sent to them via email from Mr Hetherington, as soon as possible.

Please remember to return your signed permission note to attend the day.

No note - no attending the carnival!

Mr Stephen Armstrong, PDHPE Coordinator





UNIVERSITY OF
WOLLONGONG



UOW Open Day

Saturday 15th August
Tours and information
sessions covering degrees,
scholarships and accommodation will be held

throughout the day. Click [here](#) for further information.

UNSW Youtube: UNSW Experience

UNSW has a number of online videos where current students and staff speak about topics of common concern to prospective students. Topics covered in the online videos include picking subjects, deciding on a degree, student life and HSC bonus points. Click [here](#) for details.

Macquarie University - Double Degrees

This article explores the benefits of studying a double degree at Macquarie University and lists some of the double degrees that the university offers. Click [here](#).

ACU North Sydney Mid-Year Information Session

Tuesday 9th June, 5-7:30pm North Sydney Campus, The Peter Cosgrove Centre, Level 22, Tension Woods House, 8-20 Napier Street, North Sydney. Speak with course experts, discuss study options, view the campus and learn more about the university. Click [here](#) for details.

University of Notre Dame - HSC Study Week

Monday 6th July-Friday 10th July, University of Notre Dame, Sydney Campus, Broadway. Cost \$345
A week-long program delivered by well qualified and highly experienced HSC teachers and markers. Attendees will be able to select the subjects they would like to focus on and attend dedicated lectures and skills workshops on these subject areas. Click [here](#).

University of Newcastle - Mid-Year Entry Online Chat

Wednesday 20th May, 4-6pm. University of Newcastle student ambassadors will answer questions on a range of topics including degree options, change of preferences, alternative entry schemes and scholarships. Click [here](#).

Ernst and Young Sydney Cadetship Program

Applications open Monday 25th May and close Monday 22nd June. Combine full time work with part time study. Click [here](#) for details.

JMC Academy - Design Day with Nick Vegas

Saturday 30th May, 11am, Harris Street, Ultimo. Click [here](#).

Sydney Design School Open Day

Thursday 14th May, 6pm, Level 2, 40 Oxley Street, St Leonards. Visit [here](#) for details.

Academy of Information Technology - Creative Careers Expo

Tuesday 23rd June, 7 Kelly Street, Level 2, Ultimo. Click [here](#) for details.

Academy of Information Technology - New Bachelor of Digital Design

The new Bachelor of Digital Design is a 3 year degree with a hands-on focus, supplementing theory with practical experience in a wide range of design principles. Click [here](#) for details.

Australasian College of Natural Therapies - Open House

Thursday 21st May, 5-7pm, Level 5, 235 Pyrmont Street, Pyrmont. Click [here](#) for details.

TSFX Mastering the Exams 2015

Sunday 31st May or Saturday 13th June, 10am-2pm, The University of Sydney, Camperdown. This is a free lecture designed to provide students with the best opportunities to maximise examination scores. Cost is \$10 donation to the Fred Hollows Foundation. Click [here](#) for details.

Future Leaders Awards 2015

Future Leaders Writing Prize: Year 11 and 12 students are invited to submit a piece of writing between 800 and 1000 words long. The winner will receive \$1000 and have their work published.

Future Leaders Photography Prize: Year 12 students are invited to submit a digital photographic work. The winner will receive \$1000. Nominations for all awards due by Wednesday 1st July. Click [here](#) for details.

Australian Defence Force: Information Sessions

Wollongong - Women in Defence - Wednesday 13th May, 6pm, 25 Atchison Street, Wollongong.

Wollongong - Army Reserve, Tuesday 19th May, 6:30pm, 91 Gipps Street, Gwynneville.

Wollongong - Defence Careers, Wednesday 20th May, 6pm, 91 Gipps Street, Gwynneville.

Careers Room, Room 54, open every Lunch 2. Come visit, get motivated and be inspired!

*Mrs Sue Kennedy,
Careers Advisor*



The Illawarra Careers Expo was held on Tuesday with our Year 10 and 12 students attending. Students were given the opportunity to participate in asking for information about Careers and courses. Students reported that they generally found it a worthwhile experience. Students in Year 10 had the opportunity to ask about relevant senior courses for their chosen career and Year 12 students had the opportunity to speak with University and TAFE representatives.



It was great to see former student Ruby O'Driscoll at the Careers Expo who was there representing Bluescope. Ruby is in her third year of a Cadetship in Mechanical Engineering. Well done Ruby!

Important Dates for your Diary:

- 26th June - Applications for Work Experience close for Year 11*
- 1st July - BlueScope Cadetships for 2016 posted on their website*
- 3rd August - UOW Early Admission Opens*
- 29th, 30th June - BlueScope Cadet Snap Shot Days*
- 12th-16th October - Year 11 on Work Experience*

Canteen Roster 2015

18th May	Megan Wilson, Terry Thomas, Christine Callaway, Vanessa Henson
19th May	Vickie Austin, Marina Chang, Kellie Brown, Rachel Parkes
20th May	Kellie Mundt, Rachael Woolfe
21st May	Christine Brown, Leisa Smith, Lorraine Grimson
22nd May	Amanda Walker, Nicki Collingburn

EXCURSIONS		
Excursion Name	Date	Payment/ Permission Note Closing Date
Australian Business Studies Competition	14 May	CLOSED
St Marys Annual Op Shop Ball Yr 12	15 May	CLOSED
7 A Side Rugby Union Gala Day	21 May	Wed 14 May
1st XV Rugby Union Waratah Cup	28 May	Wed 20 May
<p>NO LATE PAYMENTS WILL BE ACCEPTED. PLEASE DO NOT PLACE INTO THE BOX AFTER CLOSING DATE</p>		



SOCIAL NETWORKING POLICY FOR THE CATHOLIC CHURCH IN AUSTRALIA

May, 2015



Australian Catholic Bishops Conference
Communications Office



Communication is integral to our humanity. Social networking opens up new channels of communication and there are immense gifts and challenges that are still being unwrapped in this ever-evolving world.

Social networks offer new ways in which we can dialogue with others, build relationships and learn about our shared humanity.

Social networking has been endorsed by the Holy See and Catholics are wholeheartedly encouraged to seek the good that can come of such networking, and observe its effects.

“The media can help communication when they enable people to share their stories, to stay in contact with distant friends, to thank others or to seek their forgiveness, and to open the door to new encounters.” (World Communications Day Message, 2015)

Through our considered use of social networks, we can seek to understand some of their benefits, and some of the difficulties that can be overcome with social media training.

The Catholic Church in Australia provides these guidelines for how we might engage with the most popular social networks. This advice will be offered in the light of the Gospel, and relying on some of the advice given by the Holy See in their annual messages for World Communications Day.

Church personnel engage with social media on a daily basis. More and more, platforms such as Facebook, Twitter, YouTube, LinkedIn, Instagram, Google +, and Pinterest (the seven most popular networks) are used to disseminate information, advertise events, share stories and offer pastoral care. When used well, the potential for evangelisation is limitless.

In the 2015 message for World Communications Day, Pope Francis has written about the impact of modern media on family life. His advice reasons that oftentimes, our use of media can help, but also hinder our communication. It is useful when navigating the area of social media and policies around it for Church agencies to carefully discern how they might use them.

“By growing daily in our awareness of the vital importance of encountering others, these ‘new possibilities’, we will employ technology wisely, rather than letting ourselves be dominated by it.” (World Communications Day Message, 2015)

HUMAN DIGNITY IN OUR ENCOUNTERS

Online and offline behaviour of clergy, Church employees and members of Church organisations should always demonstrate a Christ-centred love for others.

Even those working in Church organisations who might not be Christian should still ensure that when representing the Church, their behaviours demonstrate a respect for human dignity. Boundaries should always be taken into consideration and observed.

In particular, those involved in work with young people should be aware of the Church’s child protection protocols and policies of both the Church and of civil authorities.

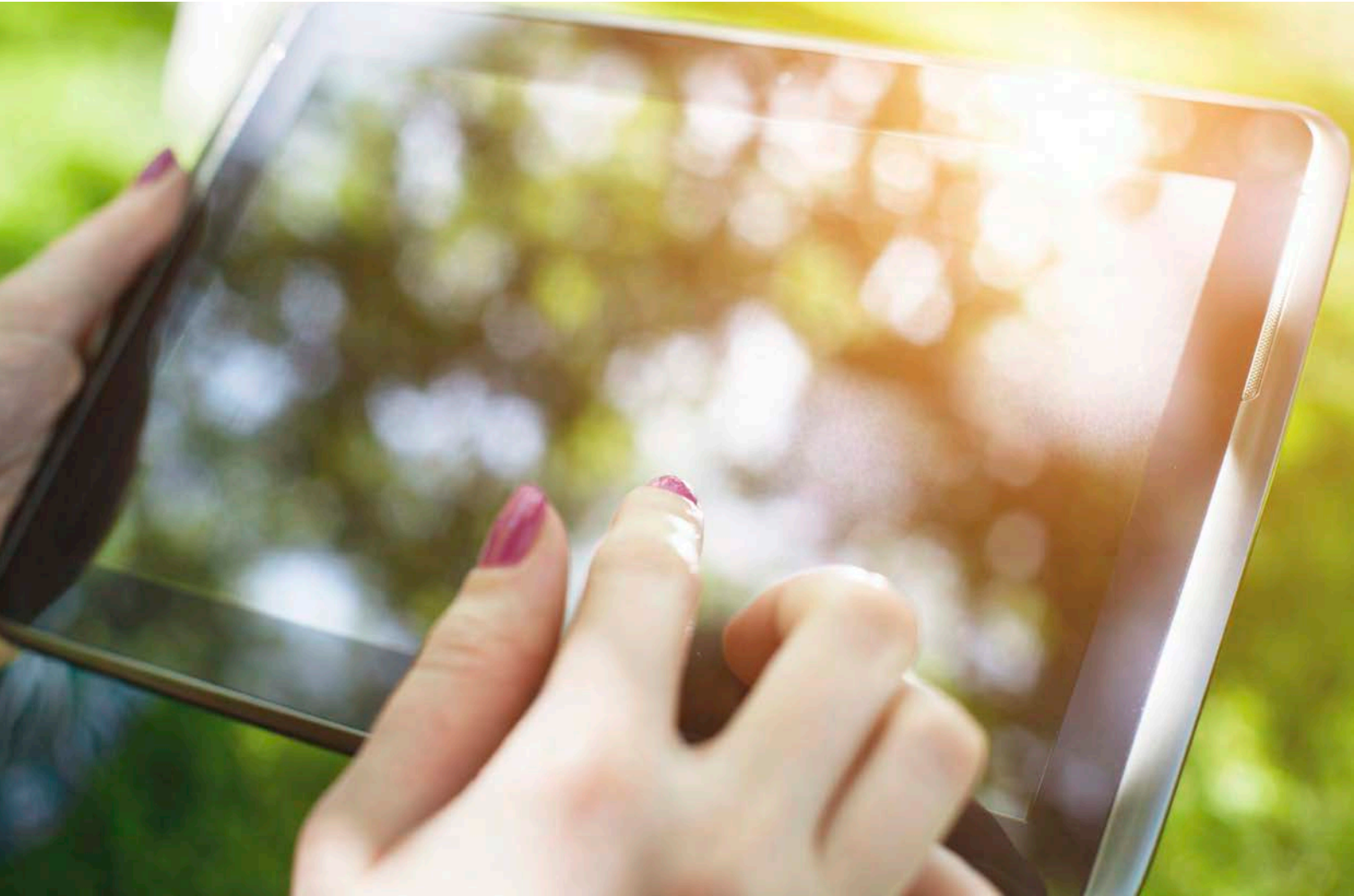
Those who engage in social networking as part of their Church ministry should do so in the name of evangelisation, to build appropriate relationships that can encourage and foster growth in faith. This engagement should facilitate a growing in relationship with Christ.

The sharing of information on sites should be of appropriate materials for faith formation or catechesis. Social-Networking sites can be ideal for promotion of Church events or activities and for sharing worship resources in a wide range of formats, be it video, text or sound.

The teachings of the Catholic Church should be consistently upheld in these social-networking activities, and should not move beyond appropriate personal communication with those being ministered to.

Clear distinctions should be maintained between personal and professional communication in the social networking environment.

Those who engage in social networking as part of their Church ministry should do so in the name of evangelisation



PRIVACY ONLINE

For people working in Church agencies, there can be a fine line when using both a personal and an organisational social networking account. It is always best to err on the side of caution when updating our profiles, whether they be one that is our own or not.

Privacy is an important consideration, and care should be taken about displaying contact details on any social networking site.

While we might like to argue that we have a private account on Facebook or Twitter, nothing online is ever completely private. Keep in mind that if you are not comfortable with your employer, your bishop, or your parish priest reading your post, simply put: don't post it.

In particular, photos should never be posted without the express permission of the person being photographed or their guardian.

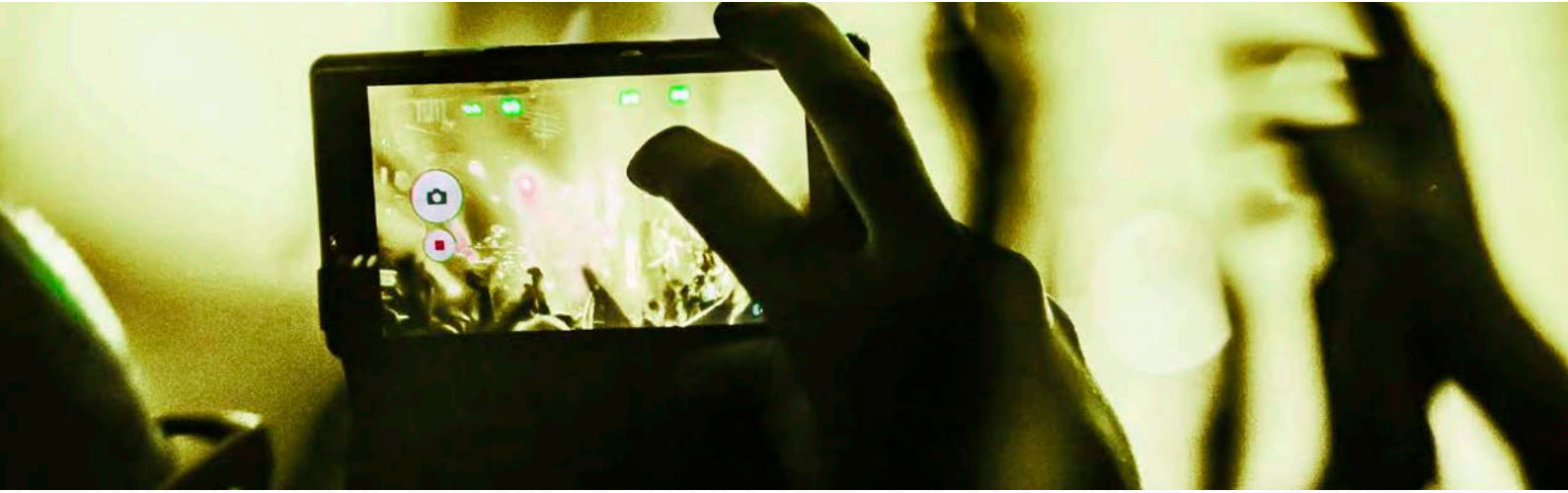
Those who engage in social networking as part of their Church ministry should do so in the name of evangelisation

GENERAL ADVICE FOR SOCIAL NETWORKING

The Church in Australia, both officially and unofficially has members on Facebook, Twitter, YouTube, LinkedIn, Instagram, Google +, and Pinterest. To varying degrees, each of these networks can be used for the promotion of the Gospel message. As an appendix to this document, there is a short description of each of these networks in the document "The Social Networks" and how they might be used by Church personnel.

The following points are relevant to all of the different social networks.

- Those working in a youth ministry or other Church capacity which could involve social networking should seek permission from a Diocesan leader (Bishop, Business Manager, or Communications Manager) before engaging in this area, and establish clear boundaries in ministry-based relationships.
- Bishops conference agencies are encouraged to have a social media present, however, it is not appropriate for an advisory council or a taskforce established by a bishops' commission to develop a Facebook page or a Twitter account. Their social media engagement should always take place through the agency with which they have liaison.



- Clergy, Church workers or religious who use social networking sites in a professional capacity should keep this distinct from a private capacity and care should be taken in accepting or adding 'friends'. There is great potential for a blurring of boundaries in the social networking field.
- Those Church organisations which wish to engage officially in social networking activities might choose to do so as a group, and found a page which can be administered by a number of people. This system does not prevent Church workers from having their own personal profiles; it simply places a clear line between personal and work. This can also remove any ambiguity about friendship relationships or ministry relationships.
- The use of photographs or videos should be carefully considered. Where possible, photographic release forms should be signed, and permissions should be sought from all who appear in photographs or videos before being posted or tagged. For example, if holding an event, it is useful to announce at the beginning if a photographer will be present, and where photos may end up. Then people who are uncomfortable about their photos appearing can mention this to the organisers.
- Church networking activities should be monitored by a third-party where possible, and where this is difficult, the Church worker should refer to the underlying principles and teaching of the Church. Commentaries appearing on social networking sites of a rude or offensive nature or those which are vulgar or which could be interpreted as bullying should be removed immediately.

Those who engage in social networking as part of their Church ministry should do so in the name of evangelisation

SOME FINAL CONSIDERATIONS

The Church in Australia has shown much leadership in the area of social networking and is recognised internationally. Much of this has to do with access to resources.

We must remember, as Pope Francis reminds us, that not all parts of the world have the same access. Some live in poverty, others live in remote areas with limited access to technology. Hearing others talk about their social networking experiences can be profoundly isolating for those unable to take part. Social Networking should never replace authentic human relationships, but rather enhance them.

As we are reminded in this year's message for World Communications Day, our use of technology should never be the cause of relationship breakdown, particularly in that most important of relationships, with our families.

"Families should be seen as a resource rather than as a problem for society. Families at their best actively communicate by their witness the beauty and the richness of the relationship between man and woman, and between parents and children. We are not fighting to defend the past. Rather, with patience and trust, we are working to build a better future for the world in which we live." (World Communications Day 2015)

There is much to be discovered on social media, and ways in which we can use it to enhance our endeavours as a Church. The Catholic Church has a rich and beautiful message to share, and we should make use of these networks in the best way possible.

Beyond this policy, the Communications team of the Australian Catholic Bishops Conference has worked to develop a number of resources, which may assist in the area of social networking. At www.catholic.org.au, there are free downloads, written information as well as some tips for your organisation.



THE SOCIAL NETWORKS

Appendix A to Social Media Policy of the Catholic Church in Australia

The following information is taken largely from the book *“Tweet others as you would wish to be tweeted | A scripture-based guide to social media for the Church”* a book written specifically to address some of the issues around social media for the Church, to coincide with the World Communications Day 2015. It is available as an eBook or hard copy at www.catholic.org.au.

It is important to mention before defining these social networks some of the difficulties that can arise in using them in a Church-based or pastoral setting.

Social media is, by nature, social. At its best it can generate conversations and sharing between people of different social backgrounds, cultures, faiths and other walks of life. It's important, however, that Church representatives engage in respectful conversations, and do not allow their social media spaces to be used for conversations that fail to respect the dignity of others or which might be seen to promote teachings contrary to the Catholic faith.

Ways of avoiding these pitfalls include changing privacy settings on sites such as Facebook to prevent unwanted posts, reviewing posts before they are made public, deleting and not responding to inflammatory messages.

Indeed, while one might not expressly post information on their Facebook page or Tweet something about the Church, there are still ways in which conversations or private messages between two parties might be contrary to the position of the Church.

Care should be taken, across social media that the dignity of our office is preserved and that Gospel values are communicated.



FACEBOOK

www.facebook.com

Facebook is the most visited site on the internet. Founded in 2004 by Mark Zuckerberg, it allows people to create an online profile where they can post information about themselves, chat with one another, share items of interest, build pages and promote events and causes.

Before starting on Facebook, it's useful to consider whether you would like to have a personal profile, a professional profile or a page.

In the case of the Catholic Church, a bishop may choose to have a page, and an organisation, such as the Australian Catholic Bishops Conference or Caritas would also have a page. This is recommended.

By using high privacy settings, these public figures or organisations can effectively administer and control the content on the page. They can prevent others from posting unwanted content on their pages, and communicate a consistent message. A bishop can then communicate with people in his diocese and beyond about events, liturgies, or special occasions.

Church personnel often also have a personal profile, which is perfectly appropriate and encouraged. Representatives of the Church however should read this and other protocols carefully to discern their engagement online, keeping in mind their position and behave accordingly.



TWITTER

www.twitter.com

Twitter is now utilised by the majority of Church agencies in Australia on some level.

Twitter is described as a microblogging site, which means, you reduce a message to the shortest possible form. That information can be shared with followers through a "tweet". People can then share with their followers by "retweeting".

Twitter is particularly useful for journalists, politicians, media people and advertisers.

In recent years, news has started to break on Twitter. Before the camera crews and journalists can arrive at an event, citizen journalists often share images and their perceptions on Twitter. News journalists will often share information live.

When Pope Benedict XVI resigned, the news hit Twitter before a single article was published, simply

because a journalist present in the room when he made the announcement understood Latin.

Like with all social networking engagement, Church entities should reflect carefully before posting on Twitter about whether their messages reflect Church teaching and Christ-centred principles.



LINKEDIN

www.linkedin.com

LinkedIn is a social network which allows people to share their professional skills. People upload their resumes and network with people based on their abilities and professional capacities. LinkedIn is used by recruitment companies, and it is an excellent way to network and communicate about upcoming events, job opportunities and to find people with particular skills and talents. These days, many companies when recruiting will research potential candidates using this social network.

Many Catholic Church employees showcase their abilities and skills on LinkedIn, and are encouraged to do so. It's worth remembering that employers within Church are very likely to access this social network in order to find out more information about potential employees, so, put your best foot forward, and keep your profile up-to-date!



PINTEREST

www.pinterest.com

Pinterest is a network in which people share ideas, images, recipes and short quotes. It is also called a visual bookmarking tool. People share and create these bookmarks on what are called boards. People can choose pages or websites of interest, and pin them to a board which exists, or a newly created board. People use Pinterest for event planning, to give ideas for decorating a house, to share recipes and so on.



INSTAGRAM

www.instagram.com

Instagram is extremely popular among young people and works in a similar way to Facebook and Twitter, except that it is image based. Rather than posting words or links, people will post images, and are given options to make their image look a little

fancier before posting.

For example, you might take a picture of the choir singing at mass in a beautiful church, give it a vintage filter through Instagram and share it with your contacts. Instagram works with likes and follows in the same way as Facebook and Twitter.

Many church organisations use images with a scripture quote added to share these with others.



YOUTUBE

www.youtube.com

YouTube is the internet's number one video-sharing site. With so many applications and programs available for video or slideshow editing, YouTube has millions of people accessing it every day. The Catholic Church has an extensive presence on YouTube in both official and non-official capacities.

Like with all social networking, the use of YouTube can assist in the work of evangelisation and promotion of the activities of the Church. Church entities should ensure that all material posted on YouTube or other video-based sites is in accordance with Church teaching and respects human dignity. Ethical

considerations should be applied when uploading content, and explicit or offensive material should be avoided at all times.



GOOGLE +

www.google.com

Google plus is a networking tool in which you can use the following tools to connect: 1) Circles are categories for your networks (for example, friends, work, office, family, interests). 2) Google hangouts are like a video-conferencing an option for people to spend time with one another. These hangouts can include up to 10 people. 3) Huddle is an option for people wanting to chat with one another on iPhone, Android or SMS devices and 4) Instant Upload is a service which allows you to automatically upload photos to a private album. Some Catholic organisations have organised Google hangouts in their work for the New Evangelisation.

There is always much more information that we could provide about social-networking, but we hope these short summaries will help you decide what might be best for you personally, and for your organisation.

If you have any questions about how to get started on these networks, visit our website www.catholic.org.au where we have lots of resources, or give the communications team a call on (02) 6201 9859



@ACBC1



AustralianCatholicBishops



Australian Catholic Bishops Conference
Communications Office

GPO Box 368, Canberra ACT 2601 Australia
t: +61 2 6201 9859 e: media@catholic.org.au

www.catholic.org.au

St Joseph's Catholic High School

Indigenous Education

Reconciliation School Flag Walk

Wednesday 3 June 2015, 10.30am - 1.45pm



RECONCILIATION SCHOOL FLAG WALK

From 10.30am

Local schools and community to walk from Ocean Pool, John Street, Shellharbour to Little Park, Shellharbour Village. Walk will be led by students carrying the Australian, Aboriginal and Torres Strait Islander flags

FREE EVENT

OFFICIAL RECONCILIATION CEREMONY

From 10.45am

Welcome to Country
Civic Welcome
Guest Speaker

Exchange of Flags in the spirit of Reconciliation with Elders, Civic leaders and Community

Performance by the Flame Trees

ENTERTAINMENT AT LITTLE PARK

From 12pm

Didj Player
Koorimurri Workshop
DJ

RECONCILIATION EXHIBITION

At the Shellharbour Village Exhibition Space, Wentworth St, Shellharbour Village

- Wednesday 3 June | 9:00am - 3:00pm
- Thursday 4 June | 10:00am - 2:00pm
- Friday 5 June | 10:00am - 2:00pm
- Saturday 6 June | 10:00am - 2:00pm

Featuring Aboriginal Art by Steven Henry and the Mabo Exhibition.

For more information on these events, please contact: Veronica Bird, Aboriginal Community Liaison Officer, Shellharbour City Council on 4221 6170

National Reconciliation Week 2015
27 May to 3 June

it's time to change it up!



10:10am Arrive at the car park adjacent to Shellharbour Ocean Pool,

12:00-1:45pm Aboriginal cultural workshops will be set up for all the children to participate in. Each workshop will run for 30mins each and rotate between the 3 different workshops so the children experience all of the activities.

Workshop 1- Aboriginal Art painting on boomerangs

Workshop 2- Aboriginal song and dancing

Workshop 3- Walk through the Reconciliation Exhibition featuring Aboriginal Art and Mabo Exhibition in the Shellharbour Village Exhibition Space (SVES).

1:45pm Approximate finish time.

Indigenous Students Years 8-10 to assemble at Administration Office at 10:00am 3rd June 2015

All Welcome

Further details please email Ms Val West Valerie.west@dow.catholic.edu.au

Inspire

WITH THE CATHOLIC GUY

INSPIRED ▶ RENEWED ▶ CHANGED

SATURDAY 16 MAY 2015
MT CARMEL CATHOLIC COLLEGE VARROVILLE

FREE
EVENT

INSPIRED ▶ RENEWED ▶ CHANGED

One moment with God can completely change our world and allow Him to breathe freshness, ignite passion and give us a renewed sense of hope. *Inspire* is open to all ages and is an opportunity for you to come and have your faith and life transformed.

SATURDAY
16 MAY 2015

VENUE

Mount Carmel Catholic College
210 Spitfire Drive, Varroville NSW

1PM – 9PM

FREE (dinner included)

FREE kids program (ages 2-10)

ENQUIRIES

1300 734 880

inspireNSW@TheCatholicGuy.com

REGISTER

www.TheCatholicGuy.com/inspire

Inspire
WITH THE CATHOLIC GUY

