

ST JOSEPH'S CATHOLIC HIGH SCHOOL

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Term 3 Week 5A

Dear Parents, Staff and Friends of St Joseph's Community,

Feast of the Assumption of Our Lady

On Saturday 15 August we celebrate the Feast of the Assumption of the Blessed Virgin Mary, commemorating the death of Mary and her bodily assumption into Heaven, before her body could begin to decay - a foretaste of our own bodily resurrection at the end of time. Because it signifies the Blessed Virgin's passing into eternal life, it is the most important of all Marian feasts.

The Feast of the Assumption is a very old feast of the Church, celebrated universally by the sixth century. The feast was originally celebrated in the East, where it is known as the Feast of the Dormition, a word which means "the falling asleep". The earliest printed reference to the belief that Mary's body was assumed into Heaven dates from the fourth century, in a document entitled "The Falling Asleep of the Holy Mother of God". The document is written in the voice of John the Apostle, to whom Christ on the Cross had entrusted the care of His mother, and recounts the death, laying in the tomb, and assumption of the blessed Virgin. Tradition variously places Mary's death at Jerusalem or at Ephesus, where John was living.

The Assumption of the Blessed Virgin Mary into Heaven at the end of her earthly life is a defined dogma of the Catholic Church. On November 1, 1950, Pope Pius XII, exercising papal infallibility, declared in *Munificentissimus Deus* that it is a dogma of the Church *"that the Immaculate Mother of God, the ever Virgin Mary, having completed the course of her earthly life, was assumed body and soul into heavenly glory."* As dogma, the Assumption is a required belief of all Catholics; anyone who publicly dissents from the dogma, Pope Pius declared, *"has fallen away completely from the divine and Catholic Faith"*.

Source: http://catholicism.about.com/od/2015calendar/f/2015_Assumption.htm

Mr John Barrington
Principal



Source: <https://iconreader.files.wordpress.com/2010/08/pskovpecherydormitionicon.jpg>





I know it's a bit early for Father's Day talk, but the next couple of weeks allow for some pondering on the role of Fathers. The job they do is paramount, but a single mother can do it just as well, too. This week's Insight article introduces the idea of "earning frequent father points". If you get time, have a read, it's well worth it!
Mrs Megan Schibeci, Pastoral Care Coordinator



The educational setting that your students are currently working in has and continues to change rapidly. Most significantly we have the roll out of technology in education and the learning processes have evolved to ensure all

course work is used in the allocation of grades. In my discussions with parents in recent times, it has become apparent that there is a need for greater communication about those changes so we can share the responsibility in the learning of each child.

In next weeks newsletter there will be an expression of interest form for our first Parent Forum. The forums aim to provide a critical link between teachers and parents to enhance the learning of all of our students across a range of curriculum areas.

Next weeks form will explain what will be targeted in our initial meeting and will also allow for your feedback regarding what are the issues that you'd like to discuss, increase your understanding of or would like support in. Myself and the staff look forward to working with you in the coming months to ensure that learning is at the heart of everything we do here at St Joseph's Catholic High School.

Feel free to contact myself at the school if you have any questions or concerns and I look forward to your input in next weeks newsletter.
Mr Paul Hughes, Curriculum Coordinator



Year 12 Year Meeting

This week we had our first meeting with Year 12 Post Trial HSC Examinations. The students were encouraged to keep moving forward to gain more marks by working with their teachers, doing practice exams and participating in every class. UAC and Early Entry was discussed as well as the Education Access Scheme. Each student received a UAC Guide to help with choices for University

Year 12 Picnic Day

On September 17th, Year 12 will enjoy their day at Taronga Zoo. A reminder that tomorrow, FRIDAY, is the last day for payments!

Mrs Sue Kennedy, Year 12 Coordinator

What's happening inYear 9?

Congratulations to the following Year 9 students who have been elected as Homeroom Leaders for Semester 2. **Ryan Castles, Erinn Johnston, Andrew Kambouris, Chelsea O'Connell, Izak Parkes, Rachel Walsh, Taylah Mate, Jesse Connors, Sienna Rhazouani, Ryan Jones, Olivia Guido and Zali Skilton.** These Homeroom Leaders are currently working hard on our next Junior Assembly which Year 9 have the pleasure of presenting next week. This assembly is on **Teamwork and School Spirit**. The students and I had an excellent brain storming session last week sharing our ideas and making plans for the presentation.

All students in Year 9 should receive the Year 9 Camp Information, Medical and Consent Forms this week for parents to read, sign and return by the end of Week 8. I know students are excited and cannot wait till we *crawl through mud and go down the giant slide* and my favourite (not!!) *High Ropes - a harnessed aerial obstacle course!* It will be an amazing experience for all of us.

If you have any concerns regarding your children and the forthcoming camp, please send me an email elise.burns@dow.catholic.edu.au and I will get back to you as soon as I can.

Mrs Elise Burns, Year 9 Coordinator

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Year 9 and Year 10 Kiama Showcase

Last Friday evening 7th August, students from Years 9 and 10 Drama and Music showcased performance work from their studies so far this year. Also on display were art works created by Year 9 and 10 Visual Arts students. The night began at 6pm and concluded at 8:30pm at the Kiama Showground Pavilion. Many parents and friends visited the event proudly hosted by students and the Creative Arts staff. Thank you to everyone involved. Photos from the night were taken by Year 10 student (and performer) Jake Reid and are accessible [here!](#)

2015 St Joseph's ScienceExpo—Thursday 20th August

To enter this year's ScienceExpo follow these simple steps!

1. Decide if you are entering a science project on a board; entering a project on a Scientist of your choice; entering Fast Science (iMovie 60 seconds) or entering Science Master Chef!
2. View the SJCHS 2015 ScienceExpo categories information sheet attached to the email sent to all students on Tuesday 28th July. Read the details carefully. If you don't satisfy the criteria, you may not be eligible for a prize.
3. Click [here](#) to access the website and complete the online entry form. Make sure you follow all instructions.



Remember - you don't have to 'get science' to get involved! From the Science Team!



Makerspace Update

It was great to have Mr Mark Woolley, Learning Technologies Education Officer from the Wollongong Catholic Diocese pop in to visit the students at the Makerspace this week. Students were very excited to see adults interested in their endeavours. Some students are on the way to developing and personalising their projects. Also thanks to Mrs Jenny McAlary for assisting in helping some of the

girls from Year 7 with their creative interpretations on dresses and costumes. We will be posting updates on Twitter [@makerspacejoeyes](#). Feel free to follow us and also the main school Twitter account [@sjchsdown](#) for regular and different perspectives on all that is new from Joeys.

Mr Danny Casolin

!Reminder!



Keep collecting your stickers and don't forget to submit your Woolworths Earn and Learn Sticker sheets @ the School Library or while your at Woolworths Albion Park!

Uniform Shop News!

Fittings for Year 11, 2016 will take place in the first 4 weeks of Term 4, on Monday and Thursday during normal trading hours. Bookings are essential by calling the school office. A reminder also that there is a limited number of Size 14 Junior Boys Long Trousers now available from the Uniform Shop.

***** Important Dates for your Diary *****

- 20th Aug - Science Expo
- 2nd Sept - School Induction Ceremony for 2016 School Captains and SRC
- 9th Sept - Final Preliminary Exams
- 16th Sept - Year 12 Graduation Mass and Presentation Night
- 18th Sept - Year 12 Final Assembly Last day Term 3
- 6th Oct - Staff Development Day
- 12th Oct - Year 11 Work Experience
- 20th Oct - Year 7 Vaccinations
- 21st Oct - Senior Retreat & Year 9 Camp



It was another glorious sunny day for school sport last Friday for the second round of the World Cup Tournament. Year 8 enthusiastically participated in Touch Football at Con O'Keefe Oval in Albion Park. Year 10 Boys (Group 2) also played Touch Football with teams in Group 1 battling it out in Ten Pin Bowling. All of the Year 10 girls ventured to Terry Reserve for an afternoon of Soccer. The results have been tallied for Round 2 and the updated scoreboard is as follows:

Brazil	1st	119points
Spain	2nd	109
Japan	3rd	94 points
Tonga	4th	91 points
Lativa	5th	73 points
Greece	6th	67 points

A pizza lunch will be held Week 1 Term 4 (date to be advised) for the team members in the winning country. Best of luck to students in Year 8 and Year 9 as they commence their first round of competition this Friday.

Mrs Michelle Garbutt and Mrs Jodie Linsley, Sports Coordinators
Remember - "Too much sport is never enough"

Canteen Roster 2015	
17th Aug	Nicole Norris, Patricia Zanatta, Helen Cheetham
18th Aug	Hilary Tavernese, Danelle McNeilly, Danielle Laidlaw
19th Aug	Faye Webb, Carmen Formosa Emma and Garry McLaughlin,
20th Aug	Cathy Sperring, Sandy O'Connor, Joanne Barker, Jodie Duff
21st Aug	Mary Daly, Wayne Thomas, Nicole Roach

**"If you can dream it,
you can do it."**

Walt Disney

child & adolescent sleep clinic

**Does your teenager have
a sleep problem?**

Does your teenager:

have trouble falling asleep?
not fall asleep until late at
night?

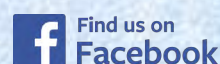
have trouble waking up or
getting out of bed in the
morning?

miss school or feel fatigued
throughout the school
day?

If you answered yes to any
of these questions, your teen-
ager could benefit from a new
treatment program being run
at the **Child & Adolescent
Sleep Clinic**, within the School
of Psychology, at Flinders
University.

**For more information please
call**

8201 7587 or email
casc.enquiries@flinders.edu.au



www.facebook.com/cascsleep

"And so, *students*
my fellow ~~Americans~~:
ask not what your
~~country~~ *school* can do for you;
ask what you can do for
your ~~country~~. "
own learning ~~-JFK~~ *anon*

Follow us on  @makerspacejoeys rm7 - lunchtimes

think it
design it
create it

life is about using the whole box of crayons - rupaul



UTS Expanded Eligibility for Access Schemes

UTS's Schools' Recommendation Scheme (SRS) is an equity focused scheme aimed at helping Year 12 students gain entry into university. UTS is broadening SRS eligibility criteria to include students attending EAS listed schools.

<http://www.uts.edu.au/future-students/teachers/essential-information/schools-recommendation-scheme>

UTS Open Day Interactive Workshops

Anyone attending UTS Open Day, Saturday the 29th August, can participate in a one hour Landscape, Architecture, or Photography workshop. To register visit:

Landscape: <https://forms.uts.edu.au/web/index.cfm>

Architecture: <https://forms.uts.edu.au/web/index.cfm>

Photography: <https://forms.uts.edu.au/web/index.cfm>

Bedford College

Bedford College is offering Scholarships in Business/Leadership and Management and Early Childhood Education Diploma courses. More details can be found at

<http://www.bedford.edu.au/about/scholarship%20information>

The University of Sydney: Open Day Workshops and Lectures

Those attending the University of Sydney's Open Day on Saturday the 29th of August, may visit the following website to help plan which lectures and workshops that would like to attend on the day.

http://sydney.edu.au/open_day/mini_lectures.shtml

The University of Sydney: Wingara Mura – Bunga Barrabugu Summer Program

Monday 11th January – Friday 15th January @ The University of Sydney, Camperdown

Applications close: Friday 18th September

The Wingara Mura (Year 9 – 10) and Bunga Barrabugu (Years 11 – 12) Summer Program, is an opportunity for Aboriginal and Torres Strait Islander students to learn about life at university by visiting the University of Sydney campus and speaking directly with academics and industry figures. Travel, accommodation and other expenses associated with the program will be paid for by the university. <http://sydney.edu.au/indigenous-summer-program/>

The Indigenous Australian Engineering Summer School (IAESS)

Sunday 10th – Saturday 16th January 2016 @ Curtin University

Applications close Friday 13th November.

The Indigenous Australian Engineering Summer School (IAESS) provides Aboriginal and Torres Strait Islander students from around Australia with the opportunity to experience engineering studies and careers. Open to Aboriginal and Torres Strait Islander students entering Years 10, 11 and 12, the six-day live-in summer school gives these students a taste of engineering as a university course and career. It involves hands-on and challenging activities within the Faculty of Science and Engineering as well as site visits to engineering companies.

For more information, contact Tim Keely: 08 9266 7884 or engineeringoutreach@curtin.edu.au

<http://engineering.curtin.edu.au/outreach/indigsummerschool.cfm>

UOW: Women in Engineering Summit

Sunday 10th January – Friday 15th January, UOW, Wollongong Campus

Applications close Saturday 31st October

The Women in Engineering Summit allows young women who are entering Years 10 and 11 in 2015, to participate in a series of lectures and workshops to learn more about the various fields of engineering. Participants will be able to visit engineering sites, meet industry leaders, academics, and other women with similar interests from NSW and the ACT.

<http://eis.uow.edu.au/wie-summit/index.html>

UOW: Management Cadetship Program

Applications close: Sunday 6th September

The University's Management Cadetships provide an opportunity to combine work and study. Cadets work in a number of areas across the university including finance, marketing, and student administration, while also undertaking a relevant undergraduate degree. Cadets receive an annual salary and undertake a specialised placement relating to their degree major in their final two years.

<http://www.uow.edu.au/content/groups/public/@web/@unia/@cadet/documents/doc/uow126410.pdf>

UOW: English Extension and History Extension Study Days

History Extension: Wednesday 18th November, 8.45am, Building 20 - foyer

English Extension: Thursday 19th November, 8.45am, Building 20 - foyer

See what university feels like while also attending a series of tailored sessions designed to help students achieve their potential in either History Extension or English Extension.

<http://www.uow.edu.au/future/events/index.html>

TAFE & Apprenticeships

Unique Student Identifier

From January 1 2015, all students doing nationally recognized training need to have a Unique Student Identifier (USI). A USI is a reference number which creates a secure online record of nationally recognized training and qualifications gained anywhere in Australia from different training organizations.

To learn more, visit: <http://www.usi.gov.au/Pages/default.aspx>

Qantas Apprenticeship Program

Applications open in August/September of each year.

Qantas Engineering offers a number of aircraft maintenance and other trade apprenticeships based at Sydney, Melbourne and Brisbane Airports. Each year, apprenticeships are offered in a range of fields including Aircraft Instrument Systems, General Electrical Systems and Environment Control Systems.

<http://www.qantas.com.au/travel/airlines/apprentice-overview/global/en#non-aircraft-trades>

The University of Western Sydney Early Learning Limited Traineeships

The University of Western Sydney Early Learning Limited (UWSELL) offers traineeships commencing each year in February. The traineeships provide the opportunity to earn money and gain experience in Childcare whilst also completing a nationally recognized Certificate III in Children's Services. To be eligible, applicants have to be willing to obtain a working with children police check, be motivated and enthusiastic, well presented and well spoken, and have a passion to work with young children. Contact: s.mcallan@uws.edu.au

UOW OPEN DAY August 15th - don't miss it !

Thomas & Coffey Apprenticeships

If your child is interested in applying to Thomas Coffey please email Mrs Kennedy for a copy of the application form ASAP.

Blooms Chemist Albion Park Full time Traineeship available

If your child is interested in leaving school and going into a Traineeship please email me for further details.

Year 11 Students

In last week's newsletter there was a flyer about Summer Masters Classes with UOW. A copy of the flyer has been emailed to all Year 11 students for this very worthwhile event. Ask to see the flyer for details.

Year 12 University Preparation Program

Applications for the 2016 Year 12 University Preparation Program are now open! Apply online now by clicking the link below.

[2016 Year 12 University Preparation Program Apply Now!](#)

The Year 12 University Preparation Program is designed to ensure that you get the best out of your HSC. Over two school terms, you will receive tailored study sessions with trained In2Uni mentors for your HSC subjects through an on campus study centre. You will also have access to UOW resources including the UOW Library, receive advice on study skills and mentoring to discuss your options after you finish high school. On successful completion of the Year 12 University Preparation Program, you will receive an admissions interview to the University of Wollongong to the faculty of your choice.



"I never dreamed
about success,
I worked for it"

Estee Lauder

Junior Joey's



Year 9 Child Studies students are hosting a playgroup on **Tuesday 25th August** from **10am-12 Midday** in the school **library**.

Parents, grandparents and Carers are most welcome to bring children under 6 years of age along for a morning of fun activities (art and craft, singing, dancing, music and face painting).

A healthy morning tea will be provided.

As numbers are limited, please reserve your place by emailing patricia.smith@dow.catholic.edu.au or contacting Mrs Smith at the school.

See



you there!

Parenting *ideas* INSIGHTS

Building parent-school partnerships

WORDS Michael Grose

Build up Frequent Father points

Michael Grose looks at the importance of topping up Frequent Father points, and the benefits for both dads and for kids.

A good friend enthusiastically told me how he was looking forward to spending a few days away on his own with his two kids, aged 10 and 13. He was feeling quite chuffed.

He was having some '**dad time**' with his kids.

Good on him!

He was doing some memory building & relationship building, as well as having some fun.

He told me that he was aware that his kids were getting older and he knew such opportunities were diminishing.

Gone are the days when the only relationship many men had with their kids was through their wife. She would explain him to the kids ('Your dad's very busy but he would love to see you play sport but he can't make it.') As well, she'd keep him up-to-date with the children's lives.

Blokes, it seems, are valuing the time they spend with their kids on their own.

Or at least the dads I mix with are. Spending time alone with kids is a great way to build confidence in dads.

And the kids usually just love it.

Mothers can play a role here by not getting in the way if their husband or partner wants a little time alone with kids. (Most mums I meet welcome this!)

Children usually associate their fathers with activity. When I ask children to tell me about their dads they usually talk about the things that they like to **do together** with their dads. Playing, walking, fishing, wrestling....the list goes on.

It's through shared activity and involvement in kids' lives that dads build up **frequent father points**. It's hard to build good connections with kids when you are not there!

Don't wait until adolescence

These relationships are best built in childhood, when kids just love their dads to bits and want to be around him. It gets trickier in adolescence, but having shared interests developed in childhood gives you a connection point during these sometimes-turbulent times.

Dads also benefit from spending time with their kids. Most health scales state a healthy relationship with their children is

a predictor of good health and longevity for men. I'm not sure where the health benefits come from, but I suspect there is something relaxing and de-stressing about getting into a child's space. There is a big kid inside most men just busting to get out.

These days we take parenting pretty seriously and it's easy to forget that one of the fundamentals of raising kids well is to spend some time in your child's space, doing stuff, or not doing stuff, whatever the case maybe.

So how are your (or your partner's) Frequent Father points going? If they need some topping up then you can start by doing something together that the kids enjoy. Having a bit of fun together is the best place to start.

Author's note: *Sole mums can take these ideas on-board to have a NO RULES weekend with your kids, where you have a change of routine and activity that can give kids the chance to see you in a different way.*

Michael Grose



Want more ideas to help you raise confident kids and resilient young people? Subscribe to Happy Kids newsletter, my **FREE** weekly email parenting guide at parentingideas.com.au. You'll be so glad you did.



parentingideas.com.au

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