



ST JOSEPH'S CATHOLIC HIGH SCHOOL

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Date: 12th February, 2015

Term 1 Week 3A

Dear Parents, Students, Staff and Friends of St Joseph's Community,

Parents and Friends Association

The St Joseph's Parents & Friends Association, while small in the number of persons who are able to attend meetings, provides invaluable support and assistance to the school in the education of your children.

The Association has provided a forum for myself and other members of school staff to gain additional input and feedback on school initiatives, policies, procedures and activities. The Association, via the P&F Levy, has provided finance to help the school purchase additional resources (eg in 2014 the TAS Faculty received a state of the art laser cutter and the library received new furniture, shelving and book resources). The P&F also held a parent only trivia social night which was extremely well attended.

There are eight meetings per year (two in each of Terms 1 & 4 and a single meeting in Terms 2 & 3). On Monday evening 23rd February, 2015, the Annual General Meeting will be held in the school library commencing at 7pm. All parents and friends are most welcome.

Building Works

The building works are progressing well with the demolition of old classrooms 1, 2 and 3. There are quite a number of tradesman and delivery vehicles accessing the site throughout the day. These increased safety hazards are being closely monitored to ensure the safety of all students, staff and visitors to the school.

For the duration of the construction **parents are requested NOT to drive onto the school property until the new carpark is complete in Term 2.**

Mr John Barrington, Principal

**** Important Dates for your Diary ****

- 12/13 Feb - Year 7 Getting to Know You Days
- 19 Feb - Swimming Carnival
- 23 Feb - P&F AGM
- 25 Feb - HSC Class of 2014 Achievers Assembly
- 27 Feb - Pupil Free Day
- 6 March - Cross Country
- 10 March - Year 11 and 12 Parent Teacher Interviews
- 11 March - International Women's Day
- 17 March - Year 7/2016 Information Night
- 19 March - St Joseph's Day
- 24 March-1 April - Year 12 Half Yearly Exams
- 25 March-27 March - Year 10 PASS & Year 11 PDHPE Outdoor Camp
- 30 March - Blood Bank Visit





Pastoral Care
Mrs Schibeci

Week 3 already!!!!

St Joseph's is really concentrating on helping our students to become better learners and therefore, experience success and improvement at school. But, we need your help! School attendance is paramount to learning. The correlation between school attendance and achievement is well researched and documented. As Michael Grose explains in the attached article, students nowadays tend to stay away from school for reasons that would never have been entertained in years gone by. Eg: it's their birthday, because they need to go shopping for clothes, because they're tired from being up late or because there is a sports day on and the students don't need to be involved in this! This type of absence sends a bad message to the student. It says that the significant adults in their life don't value education and that's exactly what the student learns to do - not value education.

The habit of coming to school late is also very damaging. It teaches the student that they can do what they want - not really conducive to expectations and, indeed, success in the future workplace or tertiary institution. In fact, the best learning happens in the morning and research has proven that habitual latecomers have a higher school drop out rate. Michael Grose encourages parents to be strong. He explains that our children can be good manipulators - "every one else is allowed to stay home/go late!". You need to stick to your guns in order for children to be given every chance to achieve. Sticking to your guns and being strong is effective parenting. Letting children do what they want because you want to be a good friend, avoid confrontation or keep them liking you is cop out parenting!! Take some time to read the attached article.

Mrs Megan Schibeci, Pastoral Care Coordinator



From the Finance Office!

BPay Reference

The school has been advised that there is a problem with the Bpay Reference for new Year 7 parents. It is currently being worked on and hopefully will be rectified shortly. This could delay the statements being sent home. If you have any queries in regard to the fees, please contact the Finance Office directly on 4230 8525.

Year 7 "Getting to Know You" Jamberoo Excursion

Payment for the "Getting to Know You" day at Jamberoo Recreation Park has been included in the school fees for Year 7 students. It is understood that there are some students with season passes. If your child does hold a season pass, please contact the Finance Office directly so that an adjustment can be made to the fees.

School Fees Schedule 2015

Attached to this week's newsletter is the fee schedule for 2015. Please note that there is a change in the fee structure this year with the Building Levy now being applied per student **NOT** per family. There is also now an 80% discount on the Building Fee for the second child and 100% discount on the Building Fee for all subsequent children.



A reminder that an SMS will be sent to parents when their child is absent from school. The SMS is sent at the completion of roll marking. If your child is absent, please reply to the SMS with a reason for the absence and this will replace the need to send a note on your child's return to school!

Apology!! Uniform Shop Temporary Closure!

The Uniform Shop will be closed

Thursday 19th February.

Trading will resume as normal the following week.

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Year 12 News

Congratulations to Talin Kennedy, our School Captain, who won the Public Speaking section of the Gerringong Youth of the Year Contest last Thursday evening. Talin delivered his speech un-aided by notes on the topic of Leadership. He was commended as a fine example of young people today and represented the school, year group and his family with pride. Congratulations Talin!



At our Year Meeting this week (Wednesday) students were addressed by Michael Addicoat. Michael discussed motivation for our students to do their best this academic year. He talked about our policy of no one walking out of exams early, encouraging students to make the most of every minute and to gain every possible mark. Mr Addicoat talked about the competition of the HSC, with 75,000 students in NSW sitting exams in only a few months time and the importance of study periods and unity in our Year 12 cohort. Parents, please ask your child about this talk and ensure that they are doing the best they can in 2015.

Year 12 Reminders.....

- * The Careers Room open every Lunch 2 - students all welcome to come in for a chat about Career Goals for the future.
- * Driving to School???? Ensure that your child who is driving to school has submitted a form for this to the office.
- * Senior jackets are only to be worn on Fridays!
- * Business Studies students should bring in notes and money for the excursion to Taronga Zoo by this Friday or the excursion may not be able to go ahead.

Mrs Sue Kennedy, Year 12 Coordinator

Year 10 - Study Skills

We have an expectation that all students should strive to reach their full potential. To assist us in reaching our potential Year 10 students are expected to complete a minimum of 1.5 hours of homework/study each night. The Study Skills homework has been set for Year 10. Details of the first module have been emailed to all students. The first module of work is relating to Working Better at School with a particular focus on using class time wisely. Students are required to use the tracking system login when completing the module. This module needs to be completed by the end of Week 4.

Parents - I encourage you to speak with your child and access the Study Skills Handbook. There is a wealth of information available to parents to help them understand and assist your child's needs in relation to Studying. If you have any concerns or questions relating to your child, please do not hesitate to contact me.

Mrs Louise Markwell, Year 10 Coordinator



LifeTastesWell.com



Swimming Carnival 2015

Our annual Swimming Carnival will take place next Thursday 19th February at Albion Park Swimming Pool. All students have been emailed an entry form to nominate for swimming events at this years competitors only carnival. Students can nominate up to 10 events on the form. The last day for entries is this Friday 13th February. No late entries will be accepted after this date. Students are to see Mr Hetherington in the PE Staffroom if they have any problems. Once your entry has been received a permission note will need to be completed and returned to the school office by Tuesday 17th February otherwise you will not be allowed to attend the

carnival. These permission notes are now available to download from the school website.

Diocesan Gala Days

The Diocesan sports program gets under way with gala days for girls soccer and boys touch on Monday 23rd February (week 5). Selection trials are taking place this week. Students selected in teams to attend these events are to download the permission note and return with the correct payment by the end of Week 4.

NSW All Schools Triathlon

The NSW All Schools Triathlon will take place at Penrith in week 5. The individual event will take place on Thursday 26th February. Students wishing to enter this event must do so via the NSWCCC website. The team event will take place on Friday 27th February. Students wishing to enter a team for this event need to see Mrs Garbutt or Mr Moran before Friday 13th February (week 3) to enter. Please be aware that no teachers will attend this event and all competitors will be required to make their own transport arrangements to and from Penrith in order to participate.

NSWCCC

A reminder that those considering attending NSWCCC events or trials need to register for the event via the NSWCCC website (www.cssss.nsw.edu.au). Information regarding this process can be found on the school website. Currently nominations for students wishing to trial for *AFL, Baseball, Basketball, Cricket - Girls, Diving, Golf, Hockey, Netball, Rugby League, Rugby, Softball, Tennis, Triathlon and Volleyball* are open. Again refer to the website for further information.

Cross Country Carnival

The Cross Country carnival will be held on Friday 6th March (week 6). Students are encouraged to start thinking about undertaking a regular training program to assist them in their efforts on the day and reduce the risk of injury. Week 3 Sample Program: Continue with a 30 minute session every 2nd day but look to increase the length of running time by running at a comfortable pace for the entire run without stopping. Those looking to challenge themselves can look at manipulating your intensity by including some gradual inclines (hills) into your runs. For those looking for more of a challenge and/or structure in their program consider downloading a training app to your phone to assist your preparations.

Remember—“Too much sport is never enough”

*Mr Brett Moran and Mrs Michelle Garbutt
Sports Coordinators*



A reminder that Choir is on Tuesday mornings from 8am-9am. Next Tuesday, Period 2, the choir will be singing at the launch of Caritas 2015. Students will walk over to St Paul's Hall and should be back to school before the end of recess.

Mrs Angela Quinn

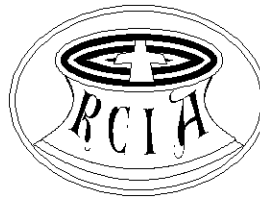
Sport Calendar Term 1 2015

- 17 Feb - NSWCCC Girls Softball Selections
- 19 Feb - School Swimming Carnival
- 23 Feb - Diocesan Girls Football Gala Day & Diocesan Boys Touch Gala Day
- 26 Feb - NSW All Schools Triathlon (Individual Event)
- 27 Feb - NSW All Schools Triathlon (Team Event)
- 2 March - NSWCCC Tennis Selections
- 3 March - NSWCCC Girls Cricket Selections
- 6 March - School Cross Country Carnival
- 9 March - Diocesan Rugby League Gala Day
- 12 March - Diocesan Swimming Carnival
Diocesan Teams Tennis
- 16 March - NSWCCC Golf
- 17 March - NSWCCC Baseball Selections

Canteen Roster 2015

16th Feb	Antonella Adams, Nicole Norris, Patricia Zanatta, Helen Cheetham
17th Feb	Linda Wilson, Zora Volf, Nell Derubeis
18th Feb	Leanne McMillan, Oriana Dimise, Tina Brown, Amanda Quintel
19th Feb	Robecka Perri, Christine Brown, Tracey McLaughlin
20th Feb	Mary Daly, Wayne Thomas, Nicole Roach

School Jumpers have now come in and are available for sale from the Uniform Shop!



St Paul's Parish Albion Park is holding an enquiry session for those adults interested in finding out more about how to become a Catholic on Sunday 15th March at 11am (ie. following 9:30am Mass & 'after Mass cuppa'). Venue: Parish Meeting Room - behind the Parish Office. People from a variety of backgrounds and for many different reasons may express an interest in knowing more about the Catholic faith. For more information or to RSVP, contact our RCIA Coordinator on 0412 427 568.

FAITH
is like Wi-Fi,
it's invisible but
it has the power
to connect you to
what you need.

All Saints Catholic Parish Shellharbour City will be conducting its Confirmation Program for 2015 beginning with information meetings on Wednesday 11th March @ 7:30pm and Sunday 15th March @ 10:15am in the Grealy Centre in the All Saints Parish Church (lower Level) next to Civic Video, 19 College Avenue, Shellharbour City.

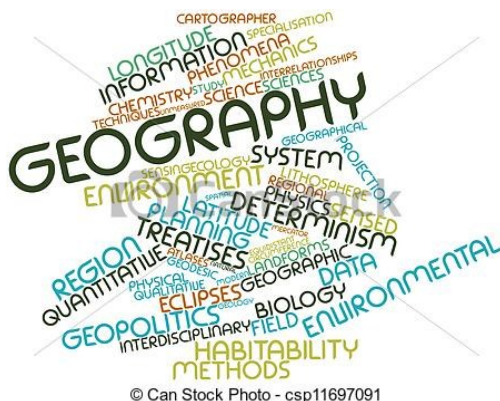
Year 11 ~ 2015!!

Welcome back to Year 11. It is pleasing to see you wearing your new uniform with pride. Please note that the uniform rules will be stringently enforced throughout the year. You are to be congratulated on how quickly you have settled into your new classes. I am already receiving positive feedback from quite a number of your teachers.

This is the first time in your schooling career where you have had the freedom to select all of your subjects and for many of you, these subjects fit into a pattern of study that reflects your personal interests and future career goals. I wish you all the best with your endeavours throughout the year. It would be advisable that you keep on top of your course work and assessments from the start of the year, through the implementation of effective time management. You should be completing 30 minutes of homework and study each day for each subject.

You are now the senior leaders of the school. In respect of this, a one hour seminar examining the Leadership Effect has been organised for you on the 26th February commencing at the start of Period 3.

I look forward to working with you over the next 12 months. *Miss Kim Stutchbury, Year 11 Coordinator*



2015 Australian Geography Competition

All students are cordially invited to compete in the 2015 Australian Geography Competition!! The Competition challenges Australian secondary school students to demonstrate their geographical knowledge and skills as well as their passion for the subject. It rewards student excellence with great prizes, including selection for Australia's International Geography Team.

The competition will be held in Week 9 and is only \$3 to enter!

If you are interested in registering for the competition please see or email Miss Muniz (melanie.muniz@dow.catholic.edu.au) or visit the HSIE Faculty before Thursday 26th February, 2015.



UNSW: Discover Engineering Day

UNSW Discover Engineering Day gives students the opportunity to be exposed to engineering as an industry. The day will include hands-on engineering activities, presentations from current engineering students and seminars by engineering professionals. Thursday 26th March 9am-2:30pm at ANSTO, New Illawarra Road, Lucas Heights. Click [here](#) for further details and to register.

MAAP My Future Careers in Automotive

Find out information about pathways to careers in the automotive industry, different employment opportunities, industry news and get in touch with an automotive career adviser or mentor. Click [here](#) for further information.

Defence Jobs Australia Information Sessions

Parramatta - Officer: Monday 16th February, 6:30pm, 9 George Street, Parramatta.
Canberra - ADFA: Tuesday 17th February, 6pm, 64 Northbourne Avenue, Canberra.
Wollongong - ADFA: Tuesday 24th February, 25 Atchison Street, Wollongong.
Nowra - Trade Careers: Wednesday 18th February, 6pm, 157 Junction Street, Nowra.
Click [here](#) for further information.

AFTRS April School Holiday Filmmaking

The AFTRS Open School Holiday program at the Australian Film Television and Radio School in Sydney, offers short courses for students 9-17 years in Filmmaking, Digital Animation, TV Presenting, Game Design, Screen Acting, Screen Music and more. Holiday fun will be held on Tuesday 7th April - Sat 18th April. Click [here](#) for more details!

Cultural Care Au Pair Information Sessions

Wollongong: 21st February, 10am at 41 Burelli Street, Wollongong. Cultural Care Au Pair offers work placements as au pairs/nannies in the USA. Past Au Pairs will share their experiences and advice. Click [here](#) for further details.

Myfuture: My Career Profile

The new look My Career Profile, from Myfuture, is a personalised career exploration service that builds the users career profile, explores career ideas, considers the users career options and develops a career plan. To create a Career Profile on Myfuture click [here](#).

Tax File Number Applications

A tax file number is a unique nine-digit number issued to individuals and organisations to help administer tax and other Australian Government systems. The Australian Tax Office has changed the process for students applying for a Tax File Number (TFN). Schools are no longer able to process TFN application forms! The new process involved students completing an online application form and then visiting an Australia Post Office outlet to have their identity verified. To apply for a TFN, students need to click [here](#). After they have completed the online form students will need to print their application summary and take this together with proof of identity documents to an Australia Post outlet. This must be done within 30 days of completing the online form.

UOW Discovery Day

Year 12 students attended the Discovery Day at Wollongong University last week. This was beneficial, with students reporting that they now have a clearer view of their academic goals and the courses they are aiming for in 2016. Thanks to Mrs Gannon and Mr Lewis for accompanying the students. A Careers Adviser Day was also run alongside this event stressing the importance of subject selection Year 10, the benefits of 2 Unit Mathematics to so many courses and Careers and a viewing of the new Early Years Building which will be a benefit to the whole Illawarra region when it is officially opened.

The Careers Room is open every day at Lunch 2. Please visit for help with Career planning in Room 54 (the yellow door)!!!



Mrs Sue Kennedy, Careers Advisor (sue.kennedy@dow.catholic.edu.au)

2015 Fee Information	
Resource Fee	All text books and Information Technology resources required by students are covered by this fee. (The exception is Year 12 English text books which vary from year to year). School gift for Year 12. Pastoral Care fee for presentations at school.
Tuition Fees	Teachers' salaries not covered by government funding and day to-day running costs, e.g. electricity, paper.
School Building Levy	This fee pays for our loans on the schools building and is equivalent to a mortgage payment. This is per child with an 80% discount on the second child, third and subsequent children are free.
Library/Text Book Deposit Fee	This is a security DEPOSIT which is fully refundable when a student leaves, providing all books have been returned and the school fees have been paid.
Parents & Friends Levy	The P&F Levy has replaced fund raising events and spreads the burden more fairly. This very important fee, combined with our Working Bees, is allowing us to do much needed maintenance of school buildings. The P&F normally contributes to one or more major projects in the school each year.
School Magazine	Each family is provided with a copy of the School Annual Magazine which becomes a valuable memento of school life.
Sports Fee	Year 7 – Includes AFL Development coaching, Rugby Union & Swimming Carnival. Year 8 – Includes Tennis Coaching, Ten Pin Bowling, Fitness, Surf Awareness & Swimming Carnival. Year 9 - Includes Yoga, Self Defence, Ten Pin Bowling, Gymnastics, Fitness, Tennis & Travel Costs. Year 10- Includes Yoga, Self Defence, Ten Pin Bowling, and Fitness & Travel Costs.
TVET and other provider courses	TVET courses will be 30% of the course cost with a maximum of \$750 being charged. These fees will be billed separately to all the other school based fees
Course Fees	Many courses are required by the syllabus to include practical experiences. Fees cover the cost of consumables in these courses (Woodwork, Food Technology, etc.).
Retreat Fees	This fee covers the costs related to the retreat.
Laptop Fee	This amount covers the parent's contribution to the student laptop programme.
First Aid Course	First Aid Course: It is compulsory for all Year 10 students to participate in the first aid course.

Payment of fees	
<p>The school invoices the fees in February for the total amount for the year. Fees are payable over three instalments due on 6th March 2015, 5th June 2015 and 4th September 2015. Calculation of instalments is simple. All you need to do is DIVIDE the total fees by three.</p> <p>The school offers the following options for payment: Bpay, Credit Card, Eftpos, Cheque, Direct Debit and Cash. If arrangements are made with the school the fees can be paid off over the full year.</p> <p>All parents on enrolling their child agree to pay the fees. However, as a Catholic school we will not turn away families who are facing genuine difficulties in meeting their commitment. Any parent experiencing difficulty regarding payment of fees must discuss alternative arrangements with the Principal.</p>	
Discounts	
<p>There will be a discount on the tuition fee for the second and subsequent children attending the school at the same time. These discounts are: 25% for the second child, 50% for the third child 100% for the fourth child.</p> <p>The School Building Levy is per child. There will be an 80% discount on the second child, third and subsequent children are free.</p>	
Family Fees	
School Magazine	25
P&F Levy	150
Year 7	
Resource Fee	331
Bible	45
Calculator & Geometry Set	30
Creative Arts	60
English	20
Mathematics	20
Music Performances	10
PDHPE	35
Red & Blue Day	5
Religious Education	5
Retreat Days	65
School Building Levy	780
School Diary	20
School Musical	7
Science	6
Sport	55
Technology Mandatory	50
Library /Text Book Deposit Fee	20
Tuition Fee	1515
Total (including family fees)	3254

Year 8	
Resource Fee	381
Creative Arts	70
English	20
Mathematics	20
PDHPE	35
Red & Blue Day	5
Religious Education	5
Retreat	13
School Building Levy	780
School Diary	20
Science (Includes Science Board for Expo)	15
Sport	130
Technology Mandatory	50
Library /Text Book Deposit Fee	20
Tuition Fee	1515
Total (including family fees)	3254
Year 9	
Resource Fee	381
Careers - Job Guide	23
Child Studies	40
Drama	15
English	20
Food Technology	75
Industrial Technology Metal	60
Industrial Technology Wood	60
Information Software Technology	20
Italian	25
Marine & Aqua Technology	60
Mathematics	20
Music	20
Physical Activity & Sports Studies	35
PDHPE	35
Religious Education	5
Retreat	10
School Building Levy	780
School Diary	18
Science	6
Sport	225
Visual Arts	65
Camp	190
Camp Food Component	70
Library /Text Book Deposit Fee	20
Tuition Fee	1637
Total (All fees, excluding electives)	3615

Year 10	
Resource Fee	331
Child Studies	50
Drama	15
English	20
Food Technology	75
Industrial Technology Metal	50
Industrial Technology Wood	50
Information Software Technology	20
Italian	25
Laptop	420
Marine & Aqua Technology	60
Mathematics	20
Music	20
Physical Activity & Sports Studies	35
Physical Activity & Sports Studies Camp	320
Physical Activity & Sports Studies Camp Food	80
PDHPE	10
Religious Education	5
Retreat	25
School Building Levy	780
School Diary	20
Science (Includes Science board for expo)	15
Sport	225
Tas Life Skills	70
Visual Arts	70
Careers Expo	7
Elevate Education	20
First Aid Course	88
Library /Text Book Deposit Fee	20
Tuition Fee	1637
Total (All Fees, excluding electives)	3818
Year 11	
Resource Fee	331
Biology	6
Chemistry	6
Construction	100
Design and Technology	70
Elevate Education	20
Food Technology	100
Hospitality	120
Industrial Technology	70
Information Processes & Technology	40
Italian Beginners	25
Italian Continuers	30
Laptop	420
Mathematics	20
Music	90

PDHPE	50
PDHPE Camp	320
PDHPE Camp Food Component	80
Physics	6
Photography	50
School Building Levy	780
School Diary	20
Senior Science	6
Tas Life Skills	70
TVET Courses see note	
Visual Arts	70
Retreat	140
Retreat Food Component	95
Ryda (Rotary Youth Drivers Awareness)	15
Work Placement Insurance	25
Library /Text Book Deposit Fee	50
Tuition Fee	2044
Total. (Family Fees, Retreat Costs, Work placement insurance, Laptop Fee, School Diary & Ryda exclude subjects).	4115
Year 12	
Resource Fee	351
Biology	6
Chemistry	6
Construction	100
Design and Technology	70
Hospitality	120
Industrial Technology Timber	70
Information Processes & Technology	40
Italian Beginners	25
Laptop	420
Mathematics	20
Music	15
PDHPE	50
Photography	70
Physics	6
School Building Levy	780
School Diary	20
Senior Science	6
Tas Life Skills	70
TVET Courses see note	
Visual Arts	70
Careers Expo	7
Library /Text Book Deposit Fee	50
Tuition Fee	2044
Total (Family Fees, Retreat Costs, Work Placement Insurance, Laptop Fee, School Diary & Ryda excludes subjects).	3847

St Joseph's Catholic High School



2015

School Fee Schedule

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Parenting *ideas* INSIGHTS

Building parent-school partnerships

WORDS Michael Grose

It's not okay to be away ... nor to be late to school

When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem.

One of the most important things you can do to ensure your child has a bright future is to make sure he or she goes to school every day—and gets there on time.

It sounds simple, but it's true. The correlation between school attendance and children's achievement levels is well-established. The more time kids spend at school, the more likely they are to experience school success.

Conversely, according to a report from the Victorian Auditor General, students who are regularly absent from school are at the greatest risk of dropping out of school early, and of experiencing long-term unemployment.

When kids miss school, not only is their academic progress impeded, forcing them to catch up on missed work (which some never do), they often miss important interactions with their peers which can compound issues of social isolation and low self-esteem. Also, many teachers tell me, it's often the kids who can least afford to take time off school who are most likely to be serial absentees.

Of course, most people know this intuitively, yet school absenteeism is a huge problem in Australian schools—and much of it is parent-condoned.

It's hard to get an accurate picture across the country but it would appear that Australian students miss an average of between 12 and 15 days per school year, with parent-condoned absenteeism highest among young primary-aged children.

That adds up to a year's lost schooling over the school-life of a child. In today's highly competitive world, this rate of absenteeism is alarming, putting our kids at a distinct disadvantage.

That's not a reason to be away!

It's now commonplace for children to stay away from school for reasons that would have been unheard of just twenty years ago. These include staying away to celebrate their own or a sibling's birthday; being absent because they stayed up too late watching television; going shopping for clothes; an extended long weekend; and kids not wanting to take part in a

sports day or special school event.

This type of absenteeism sends a strong message to kids that parents don't really value learning or their children's school experiences.

Australian kids only spend 15% of their total time at school. They spend more time asleep than they do at school. So we need to maximise every day to get full value. That means turning up to school every day, on time.

Being late is not okay either

Missing a few minutes each day may not seem like a big deal but your child may be missing more than you realise if he or she is continually late.

Current research shows that mornings for most children are the most productive time of the day, with 10.00am the peak period for productivity. When children arrive late and take time to settle as they inevitably do, valuable learning time is lost.

more on page 2 >>

Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at parentingideasclub.com.au. You'll be so glad you did.



... It's not okay to be away ... nor to be late to school...

It takes strong parenting ...

As a parent myself I know how persuasive children of all ages can be when it comes to taking a day off school. It takes a strong will to resist the persistent pressure that kids can bring to bear, particularly if they play the guilt card with comments such as "It's not fair that I have to go school today because Aunty is coming to visit!" Nice try. But the answer should be "No!".

As parents we need to make a commitment that our kids make the most of their precious time at school. That means that we send them to school every day, on time and ready to make the most of the school day.

Of course, there will be times, such as illness or genuinely extenuating family circumstances, when kids should be away. But these need to be a rarity rather than the norm.

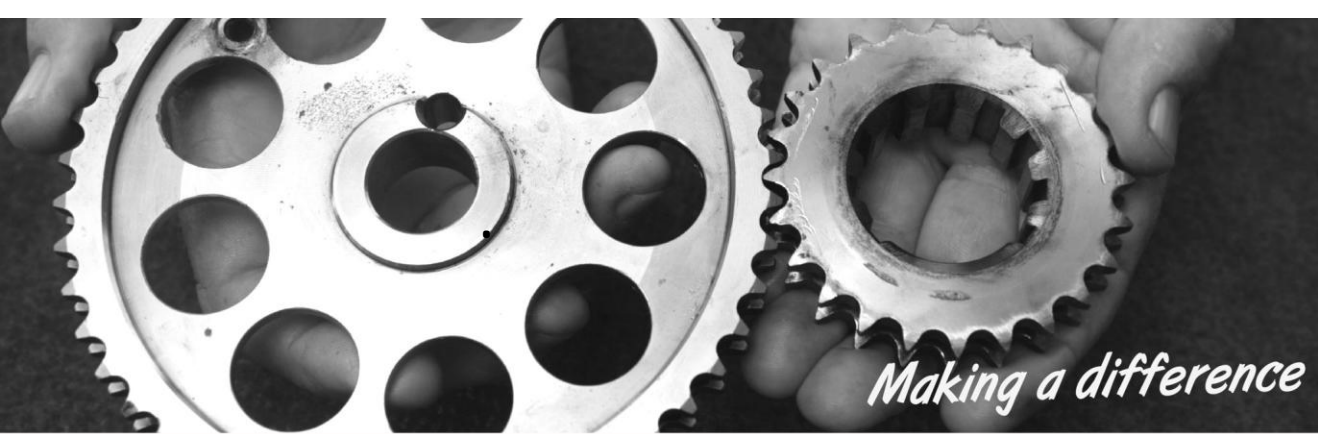
It's reassuring to know that you increase their chances of future success just by making sure they turn up to school every day. And of course regular school attendance also helps kids prepare for the workforce, where it will be expected that they turn up each day work-ready. The real world is unforgiving of those who stay away with NO EXCUSE.

AS A PARENT:

- ✓ Commit to sending kids to school every day.
- ✓ Make sure kids arrive at school and class on time.
- ✓ Inform the school when they are away, sending medical certificates and other evidence of genuine absence.
- ✓ Consider catching-up on missed work.
- ✓ Make kids who are away stay in their bedroom – that is where ill kids should be.

Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at parentingideasclub.com.au. You'll be so glad you did.





Making a difference



KICK START YOUR CAREER

CURRENT MIGAS VACANCIES

Apprenticeships

- Certificate III in Production Nursery (Horticultural Apprenticeship) at Glenorie - 1st Year
- Certificate III in Auto-Motive Body Repair Technology (Heavy Vehicle Body Builder) at Wetherill Park - 3rd Or 4th Year
- Certificate III in Electrotechnology Electrician (Electrical Apprenticeship) at Appin - 1st, 2nd or 3rd Year
- Certificate III in Retail Nursery (Horticultural Apprenticeship) at Terry Hills - 1st Year
- Certificate III in Roof Plumbing (Roof Plumbing Apprenticeship) at Newport Beach - 1st or 2nd Year
- Certificate III in Engineering (Fabrication Trade) at Riverstone - 2nd Year
- Certificate III in Electrotechnology (Electrical Apprenticeship) at Seven Hills - 2nd or 3rd Year
- Certificate III in Refrigeration & Air Conditioning (Heating, Ventilating and Air Conditioning Apprenticeship) at North Ryde – 1st, 2nd, 3rd or 4th Year
- Certificate III in Refrigeration & Air Conditioning (Air Conditioning & Refrigeration Apprenticeship) at Kirrawee - 4th Year
- Certificate III in Air Conditioning & Refrigeration (Air Conditioning & Refrigeration Apprenticeship) at Bringelly - 3rd or 4th Year
- Certificate III in Air Conditioning & Refrigeration (Air Conditioning & Refrigeration Apprenticeship) at Bradbury – 1st, 2nd, 3rd or 4th Year
- Certificate III in Automotive Body Repair Technology (Heavy Vehicle Body Building Apprenticeship) at Wetherill Park – 1st Year.

Traineeships

- Certificate III in Warehousing Operations (Dispatching Traineeship) at Arndell Park
- Certificate III in Warehousing Operations (Warehousing Traineeship) at Hornsby
- Certificate III in Process Manufacturing (Process Worker Traineeship) at Arndell Park
- Certificate IV in Engineering Drafting (Engineering Drafting Traineeship) at Kirrawee
- Certificate III in Business Administration (Business Administration Traineeship) at North Ryde
- Certificate III in Business Administration (Business Administration Traineeship) at Hartley
- Certificate III in Customer Contact (Customer Service & Sales Traineeship) at Arndell Park
- Certificate III in Business (Business Sales Traineeship) at Kingsgrove
- Certificate III in Warehousing Operations (Warehousing Traineeship) at Queanbeyan

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