



ST JOSEPH'S CATHOLIC HIGH SCHOOL

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Date: 5th November, 2014
Term 4 Week 5A

Dear Parents, Students, Staff and Friends of St Joseph's Community,

St Joseph's Annual Showcase—TONIGHT!!!

Tonight is our annual Showcase !! In partnership with the Parents and Friends, staff and students have organised a wonderful afternoon of entertainment and displays. From 4pm-5:30pm there will be Visual Art displays in the Creative Arts block and finger food, tea and coffee will be provided by Hospitality students. From 5:30-6:30pm the P&F will have a free BBQ at the Trade Training Centre and you will be entertained by Music buskers. The night will conclude with a concert in the school hall, with supper being provided at interval by Hospitality students. Please come along and support this event. The flyer attached to this newsletter provides further information.



Annual School Report—Parent Survey

Parents are invited to participate in the preparation of the 2014 Annual School Report by completing a short "on line" survey that will take only two or three minutes. Please click [here](#).

Students Leaving at the End of 2014

The school would be grateful to receive early notification of any students in Years 7 to 11 who will not be returning to St Joseph's in 2015. There are waiting lists for all year groups. Please contact the school at your earliest convenience.

Mr John Barrington
Principal



Pastoral Care
Mrs Schibeci

Sexualised behaviour is a topic that is difficult to talk about. However, sometimes our children can do and say things that really concern us. Our society throws information at little brains and bodies that they just aren't ready to cope with and sometimes, it's hard to know what we should respond to and what we shouldn't. Is a display of such behaviour a sign that something is wrong? Or is it normal? The article attached to this week's newsletter is very informative. It characterises

behaviours into green, orange and red. Green generally indicates a normal situation, whereas, red, at the other end of the scale could be signifying a very real warning. If you get time, please read the article.

Mrs Megan Schibeci, Pastoral Care Coordinator

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The Finance Office will be closed on Friday 28th November, 2014 and will close for the year on Friday 12th December, 2014.

Year 11 Hospitality –Fine Dining

Last week both Year 11 Hospitality classes were given the opportunity to produce a 3 course meal under the instruction from a local Chef. Greg Spain from Fine Spun Catering, spent two days with our students and helped plan and prepare dishes which were quite technically difficult. Students were put under pressure to meet deadlines whilst still producing fine dining quality food. A huge thank you needs to be given to Greg and Elise Rogers who both spent many hours planning and organising for the two days.

Mr Nathan Milburn, VET Coordinator

RYDA –Driver Awareness and Education Run by Rotary

Year 11 students had the opportunity this week to attend sessions teaching them and drawing their awareness to driver safety. The day was well received by students who were involved in activities designed to keep our young people safe and alert on the road. The students were complimented by the whole team for their good manners and listening skills. Homeroom teachers enjoyed the day too, as it gave them a whole day out with the students who are in their care everyday. Thank you to Haley Golub for her kind words to the organisers at the end of the day.

Mrs Sue Kennedy, Year 11 Coordinator



Vinnies Christmas Appeal has begun and students have now received the profile for their individual families. Please help support the appeal by making a donation to the specific needs of the designated family and by giving some special Christmas foods to your class hamper. The appeal will conclude on Thursday 27th November, in time to prepare the baskets for the Giving Mass on Friday 5th

December. This is a wonderful cause and has been greatly supported over the past couple of years so please, make a donation to help those in much more need than ourselves.

Mrs Jane Pitt, SRC Coordinator

Last School Social for 2014!!!

The last social for the year will be held on Wednesday 26th November and the theme will be "Merry Christmas". Cost is still \$6, 7pm-10pm. Come along dressed in your Christmas attire and have a fun night with your friends. Please note –students cannot attend if they are absent on the day of the social. Please try to have the correct money for entry to assist with change and if you are going to arrive late-please see Mrs Pitt with in the HSIE Staffroom before the night.



Year 10, 2015 Laptop Information Evening

A Parent Information Evening will be held on Wednesday 19th November, 2014 to provide students and their parents with important information regarding the 1 to 1 Laptop Program operating at St Joseph's in 2015. The evening will commence at 6pm and conclude by 7pm and will be held in the school hall. It is necessary for both the student and at least one parent to attend this information session. A note with details has been sent home with your child.

Mrs Deb Boughton, IT Coordinator

Important Dates for your Diary

Mon 3rd –Fri 7th Nov-Year 10 Yearly Exams
Mon 10th Nov-Years 7-9 Yearly Exams
Tue 11th Nov-Year 12 Sign Out Day @ Library
Wed 12th Nov-Year 8 Science ESSA Exam
Thurs 13th Nov-Year 7 2015 Orientation Day
Fri 14th Nov-CDF Diocesan Sports Awards
Fri 21st Nov-Year 12 Formal @UOW
Wed 26th Nov-School Social
Tue 2nd Dec-Volunteers Luncheon
Thurs 11 Dec-Final day for Year 11, 10 & 9
Fri 12th Dec-Final day for Year 8 & 7
Fri 19th Dec-Term 4 Ends



UWS Badanami Alternative Entry Program for Indigenous Students Test Dates

Aboriginal and Torres Strait Islander High School and mature age students can apply to study at the University of Western Sydney through the Badanami Alternative Program. The program is

designed for Aboriginal and Torres Strait Islander students who have not:

- Completed high school
- Obtained an ATAR or high enough ATAR score for their chosen course
- Received sufficient workplace experience
- Obtained a Higher School Certificate (HSC)

The Badanami Alternative Entry Program is a two day test held on the Kingswood (Penrith) campus. Students will be given an interview and tested on basic Mathematics and English. November test dates: Monday 10th November and Tuesday 11th November. January test dates: Monday 19th and Tuesday 20th January, 2015. Click [here](#) for further details.

UTS 2015 Information Day

Tuesday 6th January, 2015 9am-4pm, UTS City Campus. UTS Information Day aims to assist potential UTS students to make educated decisions on course selection before close of main round preferences. Students and staff will be available on the day to provide information and advice regarding courses, scholarships, entry schemes and pathways. Click [here](#) for further information.

UOW College Launches Suite of New Diploma Programs

UOW College, a pathway institution for UOW, has launched a range of new Diploma and Certificate programs. The programs are designed to meet the needs of students seeking career ready qualifications but also looking for alternative entry to UOW. Click [here](#) for further details.

University of Sydney

One third of students to receive scholarships under deregulation!! Click [here](#) for further details.

Shellharbour City Council Parent Workshops

A free 2 hour workshop for parents and other supervisors of learner drivers will be held at 6pm on Monday 10th December, 2014 at the Council Chambers, ground floor, Lamerton House, Lamerton Crescent, Shellharbour City Council. The workshop will provide advice about supervising learner drivers, completing the Learner Driver Log Book and providing on-road driving practice. Bookings are essential. Please call Jenny Davies on 4221 6124.

Mrs Sue Kennedy, Careers Advisor

CHEMCLUB!!

Year 11 Chemistry students are invited to attend ChemClub-Monday afternoons 3:30-4:30pm to assist with exam techniques, skills in science and to consolidate chemistry concepts. Room 48!!

Uniform Shop Reminder!!

Last day of trading will be
Thursday 27th November, 2014.

Re-open Thursday 22nd January and
Friday 23rd January, 2015
from 9am-3pm.

Canteen Roster 2014

10th Nov	Megan Wilson, Terri Thomas, Karen Coombes
11th Nov	Joanne Glackin, Hilary Tavernese, Danelle McNeilly
12th Nov	Pat Faye, Romana Meta, Carmen Formosa
13th Nov	Christine Brown, Karen Thompson
14th Nov	Wayne Thomas, Nicole Roach, Christine Callaway

Uniform Shop 2014

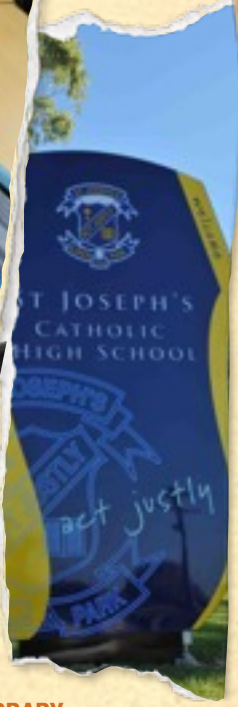
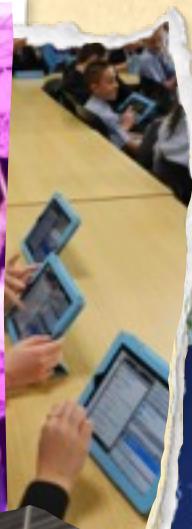
13th Nov Jill Neumann

ST JOSEPH'S CATHOLIC HIGH SCHOOL

6

NOV
2014

SHOWCASE 2014



LIBRARY
MEMORABILIA
YEAR 8 DIOCESAN RELIGIOUS
LITERACY EXHIBITION - THE
BEST FROM ALL SCHOOLS
INCLUDING 5 FROM
ST JOSEPH'S

IT1 COMPUTER LAB
ROBOTICS WORK

TTC CAFE
LIVE FOOD AND BEVERAGE PREPARATION
P & F BBQ

TAS - ROOM 7
NEW RAYJET LASERCUTTER
MAKE YOUR OWN KEY TAG!

DRAMA
SPONTANEOUS DRAMA PERFORMANCES
LIVE STREET THEATRE

CREATIVE ARTS
STUDENT MAJOR PROJECTS
ARTWORKS

HALL
CONCERT PERFORMANCE

WHAT IS SHOWCASE?

It is a wonderful opportunity for parents, staff, students and friends of the school to come together to share in the celebrations of student talents and their works.

Come and share the experiences and have a look at what is happening in and around the school and in how education is changing and how it impacts on the lives of our students.

Proudly organised by P&F and school. Come and be part of it!



2014-2015 Family Energy Rebate



\$150*
TOWARDS
ENERGY
BILLS

Apply before Midnight
16 June 2015

2 MINUTES TO FILL IN A FORM

<https://applications.fer.trade.nsw.gov.au/>

* eligibility criteria apply

**APPLY
ONLINE
NOW!**

WHAT IS THE FAMILY ENERGY REBATE?

The Family Energy Rebate helps to cover the cost of energy bills for NSW households with dependent children. In 2014-2015 the rebate gives:

- A \$150 credit on electricity bills for eligible applicants who hold an account with an electricity retailer
- A \$165 direct payment to nominated bank accounts for eligible applicants who live in a residential community (caravan or mobile home park) and receive electricity from the park operator.

AM I ELIGIBLE FOR THE REBATE?

To be eligible you **MUST**:

- Be a NSW resident; and
- Have been assessed by the Federal Department of Human Services (DHS) as being eligible for the Family Tax Benefit (FTB) A or B at any time during the 2013-2014 financial year, and have received an FTB payment in respect of that eligibility; and
- Be an account holder of an electricity retailer, or a long-term resident of a residential community (caravan or mobile home park), whose name appears on the electricity account for supply to her or his principal place of residence.

WHAT DO I NEED TO DO BEFORE I APPLY?

Before you apply, here's a quick checklist. Have you:

- Lodged your tax return for 2013-14 with the Australian Taxation Office or informed the Department of Human Services (DHS) if you are not required to lodge a tax return?
- Received confirmation from DHS as to your eligibility for Family Tax Benefit A or B for 2013-2014?

HOW TO APPLY

- **ONLINE** – it takes just two minutes to submit an application. Processing starts immediately.
- **PAPER** – download a form from the website, complete and submit by email, fax or post. Use this form if you receive your electricity from the operator of the residential community where you live.

FOR MORE INFORMATION & ASSISTANCE

PHONE Service NSW 13 77 88

EMAIL fer.program@trade.nsw.gov.au

WEB www.resourcesandenergy.nsw.gov.au/info/familyenergyrebate



Established in 1986

Essential Employment and Training (EET) offer the following services for people with disability, illness and injury:

- Disability Employment Services (DES)
- Youth Employment Program (YEP)
- Transition to Work (TTW)
- Community Participation (CP)
- Individual Funding Packages (IF)

EET's Individual Funding packages:

- We use person centred approaches to respond to your needs
- We are experts at linking people with social networks in the broader community
- We offer a flexible service delivery
- We offer a range of activities, including: social, sporting, recreational and employment
- We also MANAGE your Individual Funding Package for you
- If we don't offer an activity, we will arrange it for you
Just Ask!

*47 Burelli Street, WOLLONGONG
4227 3111 or 1800 243 513
info@eetrgroup.com.au
www.eetgroup.com.au*

Parenting *ideas*

INSIGHTS

Building parent-school partnerships

WORDS Michael Grose

Is it normal? Dealing with sexual behaviours in children and young people.



Displays of any form of sexual behaviour in a child or young person can be highly confronting for a parent. Most parents struggle with having the basic 'birds and bees' conversation with their children, let alone trying to work out which behaviours are 'normal' and which are something to worry about.

It's important to understand that some level of sexual behaviour – which includes everything from questions about sexuality and relationships to touching and fondling – is quite normal, even from quite young ages. Most sexual behaviours are simply expressions of a natural interest in sexuality.

However, that doesn't mean that all of these behaviours are normal or healthy. Parents, teachers and others who care for children and young people need to be able to recognise the signs of potentially harmful sexual behaviours – and they need to know how to respond to these.

Family Planning Queensland (FPQ) has put together a clear guide to managing sexual behaviours in children and young people.

There are three steps involved in management of these behaviours:

1 Identify

Many factors can affect the behaviours exhibited by a particular child, so it's important to consider the child's context, including their social and family situation and the culture in which they have been brought up. It's also important, where some form of sexual behaviour is recognised, to avoid jumping to conclusions or a knee-jerk response.

The FPQ guide includes examples of behaviours regarded as 'green' (normal, age appropriate and spontaneous), 'orange' (outside normal, especially if overly persistent or frequent) and 'red' (problematic or harmful) sexual behaviours at different age levels. Despite the taboo about such things in our society, most sexual behaviours fall into the 'green' category of normal and healthy.

2 Understand

The same applies to a sexual behaviour as any other behaviour in a child or young person: it is a reflection of their needs or

wants. Often, when language and social skills are still nascent, 'acting out' is the only way a child can express themselves.

Understanding a sexual behaviour means trying to get behind what is driving that behaviour. Is it an unsatisfied curiosity, boredom, challenging relationships? Could it be something more serious, such as an indication of abuse or neglect?

The only way to make sure you respond in the most appropriate way is to ensure that you understand before you act.

3 Respond

All sexual behaviours exhibited by a child or young person deserve some sort of action and support – ignoring is not a response.

'Normal' (green) behaviours provide an opening to talk, to explain and to provide support if needed. This might include providing facts (and destroying a myth or two) and assisting with social skills development.



Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at parentingideasclub.com.au. You'll be so glad you did.



... Is it normal? Dealing with sexual behaviours in children and young people ...

SEXUAL BEHAVIOURS

RED

Sexual behaviours that maybe harmful, secretive or coercive

Need for adult protection and support

ORANGE

Sexual behaviours that may cause concern due to age, activity or health risk

Need for adult monitoring and extra support

GREEN

Normal, healthy sexual behaviours appropriate to a child's age and developmental stage

Need for adult explanation and education

Traffic lights adapted from Child At Risk Assessment Unit. Age Appropriate Sexual Play ACT



'Beyond normal' (orange) behaviours will often need more intervention, including ongoing monitoring. This could include supervision during times of risk, making stricter rules or removing the child from a potentially harmful situation.

'Harmful' (red) behaviours require an immediate and proactive response that protects the child and any others who may be in danger. Where a law is broken, or where you become aware of, or suspicious of, sexual abuse or the risk of such abuse, reporting to a child protection service or the police is essential.

A pre-emptive response to sexual behavioural problems is education. This is the best way to promote healthy development and open communication. It can take place at any age, and can be one-on-one with a parent or in a classroom situation. Again, topics covered can be much broader than the obvious. They can include 'mechanical' issues including anatomy, practical issues such as handling puberty and managing periods, and serious issues like sexual abuse and safe sex.

Every child and young person has the right to be safe. As a parent, building your awareness of what's normal and what's not when it comes to sexual behaviours – and knowing how to respond appropriately – will help you play a more proactive role in making sure that your children's sexual development is healthy and they are protected from harm or abuse.

Michael Grose



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