



## ST JOSEPH'S CATHOLIC HIGH SCHOOL

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Date: 5th June, 2014

Term 2 Week 6A

Dear Parents, Students, Staff and Friends of St Joseph's Community,

### **Pentecost Sunday 8th June, 2014**

Jesus did not abandon his apostles, even when departing from this world (on the Feast of the Ascension) to return to his Father in heaven. Ten days later, at Pentecost, one of his most significant promises—the promise to send the Holy Spirit in abundance on them—was extraordinarily realised.

After Pentecost the Apostles were never again the same. The outpouring of the Holy Spirit impacted dramatically on their convictions and on their enthusiasm to carry out Jesus' wishes. The effects were immediately noticeable to the watching and listening crowds.

The Apostles were filled with the Holy Spirit and given the gift of speech. As they spoke, their listeners—many of whom were foreigners—could hear and understand them in their own languages. The Apostles now acted as members of a united and committed community. Although Christ had established the Church while still on earth, at Pentecost it became manifest in the world for the first time. It became obvious that God was working powerfully through the Church.

At Pentecost the Church earnestly began its mission to the whole world. The mission centres on preaching about the saving name of Jesus and about the wonders of God. God's greatest wonder is that, through the suffering and death of Jesus the Messiah, people are saved from the consequences of their sins: alienation from God.

The feast of Pentecost celebrates a promise realised. It acknowledges that the Holy Spirit is at the heart of the Church's life. Because that is so, the Church cannot ultimately fail in its task of witnessing to Jesus' death and resurrection. It will eventually succeed in communicating the message of God's salvation to everyone in the world.

The Feast of Pentecost is a wonderful celebration of the missionary Church. Let us reflect on our missionary efforts in our homes, schools and workplaces. How are we willing to demonstrate that we are serious about our confirmation (Pentecost) responsibilities? In what ways do we explain the authentic teaching of the Church? How do we experience Pentecost as a promise realised in our lives, leading us to make the urgency of the gospel message of salvation a reality for everyone we meet? (Source: <http://www.catholicireland.net/Sunday-homily/>)

John Barrington, Principal.





Pastoral Care  
Mrs Schibeci

As we approach the true middle of year time, thoughts turn to student reports. The Michael Grose article attached to this week's newsletter explores this, what can be, a challenging event for many families. He encourages parents to check their expectations, be careful of their children's self esteem and broaden their focus away from academic achievements. This is a great article and well worth a read. I've also included some more information on particular social media sites our children tend to be drawn into. Educating yourself on the details of these sites is a powerful tool.

**TUMBLR** is like a cross between a blog and Twitter: It's a streaming scrapbook of text, photos and/or videos and audio clips. Users create and follow short blogs or "tumblelogs" that can be seen by anyone online (if made public).

**Why it's popular?** Many teens have tumblrs for personal use –sharing photos, videos, musings and things they find funny with their friends. Tumblelogs with funny memes and gifs often go viral online as well.

**What parents need to know!**

- **Porn is easy to find.** This online hangout is hip and creative but sometimes raunchy. Pornographic images and videos, depictions of violence, self-harm, drug use and offensive language are easily searchable.
- **Privacy can be guarded, but only through an awkward workaround.** The first profile a member creates is public and viewable by anyone on the Internet. Members who desire full privacy have to create a second profile, which they're able to password protect.
- **Posts are often copied and shared.** Reblogging on Tumblr is similar to re-tweeting. A post that's reblogged from one tumblelog then appears on another. Many teens like, and in fact want their poses reblogged. But do you really want your kids' words and photos on someone else's page?



**Google+** is Google's social network, which is now open to teens. It has attempted to improve on Facebook's friend concept, using 'circles' that give users more control about what they share with whom.

**Why it's popular** –Teens aren't wild about Google+ yet. But many feel that their parents are more accepting of it because they associate it with schoolwork. One popular aspect of Google+ is the addition of real-time video chats in Hangouts (virtual gatherings with approved friends).

**What parents need to know!**

- **Teens can limit who sees certain posts by using "circles".**

Friends, acquaintances and the general public can all be placed in different circles. If you're friends with your child on Google+, know that you may be in a different "circle" than their friends and therefore seeing different information.

- **Google+ takes teens' safety seriously.** Google+ created age-appropriate privacy default settings for any users whose registration information shows them to be teens. It also automatically reminds them about who may be seeing their posts if they're posting on public or extended circles.
- **Data tracking and targeting are concerns.** Google+ activity (what you post and search for and who you connect with) is shared across Google services including Gmail and YouTube. This information is used for targeting ads to the user. Users can't opt out of this type of sharing across Google services.



**Vine** is a social media app that lets users post and watch looping six-second video clips. This Twitter-owned service has developed a unique community of people who post videos that are often creative and funny and sometimes thought provoking.

**Why it's popular!** Videos run the gamut from stop motion clips of puzzles doing and undoing themselves to six-second skits showing how a teen wakes up on a school day vs. a day during summer. Teens usually use Vine to create and share silly videos of themselves and/or their friends and family.

**What parents need to know!**

**It's full of inappropriate videos!** In three minutes of random searching, we came across a clip full of full-frontal male nudity, a woman in a fishnet shirt with her breasts exposed, and people blowing marijuana smoke into each other's mouths. There's a lot of funny, clever expression on Vine, but much of it isn't appropriate for students.

- **There are significant privacy concerns.** The videos you post, the accounts you follow and the comments you make on videos are all public by default. But you can adjust your settings to protect your posts; only followers will see them and you have to approve new followers.
- **Parents can be star performers (without knowing).** If your teens film you being goofy or silly, you may want to talk about whether they plan to share it.

*Megan Schibeci, Pastoral Care Coordinator*

### Public Speaking

Any student interested in participating in the South Coast Public Speaking Competition to be held at Holy Spirit College on the evening of Tuesday 19th August, please contact Mrs Schneider in the Library!!!

*"Make sure you have finished speaking before they have finished listening" Dorothy Sarnoff*

### The MUNDY Initiative!!

The Mundy Initiative continues to provide study and tuition support for students in Years 11 and 12. Teachers from various faculties are on hand to give students guidance and extra tuition in many subject areas. The library is open till 4:30pm each Monday. We encourage more senior students to take the initiative and be more responsible learners. The opportunities are there, all you have to do is reach out and take them!!



### P&F News.....

Thank you to everyone who attended our Trivia Night last Friday evening. It was a great success. We had 94 people attend and everyone enjoyed themselves. Thank you to the P&F Committee, my helpers and to Mrs Markwell and her fantastic Year 12 Hospitality students for supplying a beautiful feast of gourmet food. The next P&F meeting is set down for Monday 28th July. Everyone is welcome so please come along!

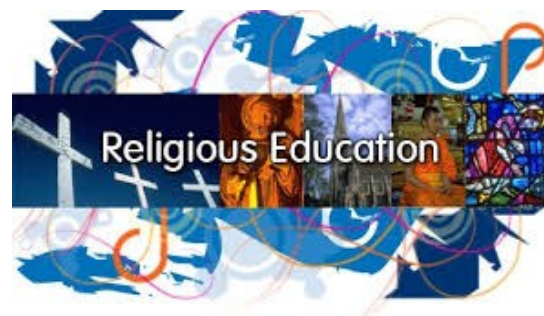
*Michael Townsend, P&F President*

**Year 9 Religion Classes** have been learning the "History of the Catholic Church in Australia". Some students created a website of the content they have studied as part of their Assessment task. If you get time please visit the below addresses to view our student's fantastic work!!

<http://collinst01.wix.com/religion> by Tameeka Collins

<http://catholicchurchinfor2you.weebly.com> by Anthony Gay

*Mrs Senitta Hurley, English and Religion Teacher*



### Spirit Alive Youth Festival

The Catholic Youth Ministry Wollongong is holding the Spirit Alive Youth Festival on Saturday 14th June from 5pm-9pm at Holy Spirit College Bellambi. The event is open to students from Years 9 –12 to a maximum

age of 35. For students under 18, please download a permission slip at [youth.dow.org.au](http://youth.dow.org.au). The evening will feature guest speaker Sam Clear and will include a Youth Mass, music led by youth musicians and singers, dinner (bring some money for dinner and canteen) and time to connect with young people from across our Diocese. Save the date for a great evening out!!

Please see the flyer attached to today's Newsletter.





### School Athletics Carnival

Our annual Athletics Carnival will be held at John O'Dwyer Oval (Croome Sporting Complex) on Friday 6th June (Week 6). Again a reminder of some changes for this years carnival.

- The 1500m race will be run at 8:45am. Students wishing to enter this event are asked to make there own way to the track and be ready to race by 8:30am.

- Students wishing to participate in the triple jump event are asked where possible to arrive directly at the track. This event will be run between 9-10am.
- Students who can make their own way to and from the track are asked to do so and arrive by 9am.
- Students in Year 12 who can drive are asked to drive themselves to the track and arrive by 9am.
- Students who walk or get buses to school and are unable to get their own way to the track are asked to come to school as normal. Buses will shuttle students from school to the track from 8:50am. These students will then be shuttled by bus back to school from 2:15pm in time to get normal buses home.

Detailed information can be found on the sport section of the school website and has been emailed to all students.

### Open & U/16 Girls Rugby 7's

Last week our Open and U/16 Girls Rugby teams participated in the regional round of the Future Tah's 7's Competition at Kiama. The day started with a 1 hour skill development session conducted by members of Australia's Women's Rugby 7's team as well as NSW Rugby development staff. The girls then hit the field with the U/16's showing great enthusiasm in what was for most their first Rugby experience. They diligently applied the rugby skills that had been developing in games against Holy Spirit and Illawarra Sports High School, but unfortunately the results did not go in their favour.

The Opens also played with gusto and also had hard fought games against Holy Spirit and Kiama High School. They were finally able to crack a win against Nowra Anglican College.

Congratulations to Kasi Tausala, Rebekah Rootes, Kaelah Austin, Miranda Vaughan-Floyd and Seychelle Albert who were all invited by NSW Rugby to attend a Women's Rugby Discovery Day in Sydney in Term 3. Thanks to Mr Shanahan and Miss Sproule for training the teams and taking them on the day.

For any girl interested in playing in Rugby 7's there will be a Girls Open Rugby Day held on Sunday 15th June at Nicholson Park, Woonona. Details will be emailed to all students.



**Good Luck** to our Open Boys Rugby Team who play the Regional round of the Waratah Shield this week.

**"Remember - Too much sport is never enough!!"**  
*Brett Moran, Sports Coordinator.*

**Sports Calendar 2014**  
**Term 2**  
**6th June-School Athletics Carnival**  
**12th June -U/16 Rugby Union**  
**13th June-NSWCCC Cross Country**  
**19th June -U/14 Boys and Girls Rugby 7's Gala Day**

**Spectator areas at sports grounds are smoke-free**

The smoking ban applies to covered & uncovered spectator areas, while an organised sporting event is held.

A \$300 on the spot fine may apply for anyone who fails to comply with this law. For more information on the amendments to the Smoke-free Environment Act 2000 visit [health.nsw.gov.au/tobacco.htm](http://health.nsw.gov.au/tobacco.htm)

Tobacco Information Line:  
**1800 357 412**

 **NSW** Health

The Tobacco Information Line can be accessed by non-English speaking people via the Translating and Interpreting Service (TIS) on 13 14 50



## Happy Days School Musical 2014

Tickets are now on sale and selling FAST!! Please see Penny at the school office for all your ticket purchases.

Adults \$20, Student/Concession \$15 and Family of 4 \$55.

Show times: Wednesday 25th June 7:30pm

Friday 27th June 12:00pm and 7:30pm

(All tickets for the 12:00pm show are just \$10)

Saturday 28th June 2pm and 7:30pm

Come along and support our students and enjoy a great night of entertainment!!!

©St Joseph's  
Catholic High  
School Licensed



## Canteen Roster 2014

9th June

**Public Holiday**

10th June

Colleen Walsh, Wayne Thomas,  
Rebecca Buchanan, Belinda Elliss

11th June

Kellie Mundt, Rachael Woolfe

12th June

Leisa Smith, Joanne Hunt,  
Christine Brown

13th June

Jenny Quinn, Agnes Gibbons, Cathy  
Tagliaferro, Jaime Hart, Linda Doonar

## Uniform Shop 2014

9th June

**Public Holiday**

12th June

Jill Neumann

## Important Dates for your Diary

**Friday 6th June-School Athletics Carnival**

**Monday 16th June-School Photos**

**Tuesday 17th June—Year 11, 2015 Subject Information Evening**

**25th-28th June-School Musical 'Happy Days' @ the Roo Theatre**

**Friday 27th June- Last day Term 2!**

**Monday 14th July - Term 3 Commences Week 1A**

## Excursion Reminders!!!

Please don't forget that you can now pay for all excursions online. Please remember to write your receipt number on the permission slip and return it to the school office. A permission slip must still be returned so that students can attend the excursion.

Please note also that two excursions have now been added to the online Try Booking System:

Year 11 and Year 12 Industrial Technology Timber—to make payment please go to:

<http://www.trybooking.com/89881> and

Year 12 Chemistry <http://www.trybooking.com/89878>



## Year 8 English

Year 8 have recently been studying about Poetry. Here are some Odes created by 8.4 English!!

### Ode to a Tiger

As the tiger creeps quietly through the jungle  
he watches his prey,  
his belly begins to rumble.  
He hopes deep down he won't scare them away.

His colours of orange and black  
camouflage him in the open grass,  
which he hopes will help him with his attack,  
like a bullet through glass.

I love his roar in the morning,  
the loud footsteps on the floor.  
To me it isn't all that boring.

I can hear it right through my door,  
I can hear him coming up the hall,  
dragging along my mitten,  
pushing open my bedroom door.

Even though he's small,  
I found out he's my kitten.

By Teresa and Taylah

### Ode to Food

Isn't food yummy?  
It certainly fills my tummy.  
From chocolate chips,  
to Doritos and dips.

It is such a delight.  
You have to fight  
that it is so great,  
but sometimes it makes you put on  
weight!

Just licking an ice-cream on a Sum-  
mer's day  
makes me happy all the way.  
From sweet to sour,  
it will give you plenty of power.

An enjoyable treat  
that nothing can beat.  
O'food,  
it gets me in a good mood.

By Bella and Olivia



### BlueScope Snapshot Tours for Year 11 and 12 Students

Students interested in Cadetships at BlueScope are encouraged to go to a tour during the school holidays. For details see Mrs Kennedy.

**Dominoes Delivery Driver** –Flexible hours and correct training provided to be able to do your job efficiently and safely. The perfect way to earn some money while focusing on your studies. Apply online at [www.dominosjobs.com.au](http://www.dominosjobs.com.au) or phone 4251 5920 to speak with the Manager.

**Cadetships in Engineering and Technology** –If you are in Year 11 and interested in a career in Engineering and Technology or ICT and Business then visit [www.etcad.com.au/etcad\\_about.asp](http://www.etcad.com.au/etcad_about.asp). Applications open now!

**MIGAS Business Administration Traineeship** –visit [www.migas.com.au](http://www.migas.com.au) for more details and more positions.

**Trade Readiness Courses**–Are you interested in a trade as a Plumber, Auto Body Repair or Auto Servicing?? Trade Readiness is a hands-on course which runs for a week and will get you headed in the right direction. The course starts 12 June at either Nowra or Wollongong TAFE and is free!! See Mr Milburn or Mrs Kennedy or email [Deborah.c.white@det.nsw.edu.au](mailto:Deborah.c.white@det.nsw.edu.au).

**UOW News** –Early Admission brochures were emailed to students who attended Discovery Day. Any Year 12 student who did not register for Discovery Day and would like to be included in the UOW's mailing list should log onto [www.uow.edu.au/future/school](http://www.uow.edu.au/future/school) and click the "register for updates" tab. Parents wishing to receive information each month about UOW Programs and upcoming events should register at [www.uow.edu.au/future/school/advise](http://www.uow.edu.au/future/school/advise).

The Careers Room is open every Lunch 2 Monday to Thursday if you would like to see Mrs Kennedy.





## VET Workplacements

During week 5 and 6, VET students have been out in Industry participating in Workplacements. This provides an opportunity for students to experience their vocation in a way that is unable to be achieved here at school. Students return to school with a completely different outlook to the course and the industry, after being on workplacement. This of course would not be possible without the many local businesses agreeing to take on our students. Without their help, students would miss out on gaining these valuable experiences and we

are very grateful for the time and energy they have all put in to ensure workplacement is a safe and beneficial process. Our students should also be commended, with multiple employers expressing how impressed they were with the hard working attitude and polite demeanor our students showed.

## Hospitality Catering

Last Friday evening, the P&F held their Trivia Night which was catered for by Year 12 Hospitality students. The night was a great success and would not have been possible without *Rebekah Walsh, Jaime Clark, Jacob Lester, Amelia Byrne and Alena Rout*. These students did an outstanding job spending all day preparing delicious food to be served at the event. Our in house Chef and Hospitality teacher Louise Markwell and assisted by Elise Rogers, did an amazing job. Thank you for giving up your time in an already very busy term and ensuring every detail was planned and executed in a short time frame.

*Nathan Milburn, VET Coordinator*



<b>Excursion Name</b>	<b>Date</b>	<b>Payment/ Permission Note Closing Date</b>
<b>Yr 12 HSC Ancient History HSC Study Day</b>	5.6.14	<b>CLOSED</b>
<b>Open Boys Rugby Union</b>	5.6.14	<b>CLOSED</b>
<b>Yr 12 Society and Culture Excursion</b>	6.6.14	<b>CLOSED</b>
<b>Under 16 Boys Rugby Union</b>	12.6.14	9.6.14
<b>Elevate Young Leaders Forum Leadership Program</b>	12.6.14	6.6.14
<b>Yr 9 Child Studies Excursion</b>	16.6.14	4.6.14
<b>Yr 12 Business Studies HSC Study Day</b>	16.6.14	9.6.14
<b>Yr 11&amp; Yr 12 Studies of Religion Unit 2 Excursion</b>	17.6.14	6.6.14
<b>Yr 12 Economics HSC Study Day</b>	18.6.14	11.6.14
<b>Secondary School Students Leadership Program</b>	18.6.14	6.6.14
<b>HSC Mathematics</b>	20.6.14	13.6.14
<b>HSC Chemistry Excursion</b>	25.6.14	18.6.14
<b>Yr 11 &amp; 12 Industrial Technology Timber</b>	27.6.14	23.6.14
<b>Elevate Young Leaders Forum Leadership Program</b>	21.8.14	6.6.14
<b>Yr 12 Chemistry</b>	22.8.14	15.8.14
<b>Yr 12 Formal</b>	21.11.14	5.11.14
<b>Elevate Young Leaders Forum Leadership Program</b>	5.11.14	6.6.14
<b>NO LATE PAYMENTS WILL BE ACCEPTED. PLEASE DO</b>	<b>NOT PLACE</b>	<b>INTO THE BOX AFTER CLOSING DATE</b>



### Building parent-school partnerships

WORDS Michael Grose

# Reading your child's report

Reports can mean anxious times for children. Will my parents be disappointed or proud? This is the main concern of most children.

*Could try harder . . . always does her best . . . lacks concentration . . . easily distracted . . . a pleasure to teach . . .* Do these comments, taken from a batch of student reports sound familiar?

Student reports bring mixed feelings for parents. Pleasure and pride if they are performing well but considerable angst when children are not progressing as you hoped.

Reports can mean anxious times for children too. Will my parents be disappointed or proud? This is the main concern of most children. Kids of all ages take their cues from their parents, so your reaction to their school report can affect the way they see themselves as learners and as people.

**Before you rip open the sealed envelope containing the report do a little self-check to see if you are in the right frame of mind:**

**1 Are your expectations for your son or daughter realistic and in line with their ability?**

Expectations are tricky. If they are too high then kids can be turned off learning. Too low and there is nothing to strive for. Pitch your expectations in line with your child's abilities. A quick check of your child's last report cards may provide you with a good yardstick.

**2 Do you believe that children learn at different rates?**

There are slow bloomers, late developers and steady-as-you-go kids in every classroom, so avoid comparing your child to siblings, your friends' children and even yourself when you were a child. Instead look for individual progress.

**3 Are you willing to safeguard your child's self-esteem rather than deflate it?**

Self-confidence is a pre-requisite for learning, so be prepared to be as positive and encouraging as possible. School reports come in different formats. Some are prescriptive while some use grading systems such as A, B, C, etc. with room for teacher comments. Regardless of the format school reports should provide you with an idea of your child's progress in all subject areas, their attitude and social development.

**Here are some ideas to consider when you open your child's report:**

**Focus on strengths** Do you look for strengths or weaknesses first? The challenge is to focus on strengths even if they are not in the traditional 3Rs or core subjects.

**Take into account your child's effort and attitude to learning.** If the report indicates that effort is below standard, then you have something to work on. If your child is putting

in the required effort, then you cannot ask any more than that, regardless of the grading.

**Broaden your focus away** from academic performance to form a picture of your child's progress as a member of a social setting. How your child gets along with his or her peers will influence his happiness and well-being, as well as give an indicator to his future. The skills of independence and co-operation are highly valued by employers so don't dismiss these as unimportant.

**Take note of student self-assessment**

Kids are generally very honest and will give a realistic assessment of their progress. They are generally very perceptive so take note of their opinions.

**Discuss the report with your son or daughter** talking about strengths first before looking at areas that need improvement. Ask for their opinion about how they performed and discuss their concerns.

**After reports are read and discussed celebrate your child's efforts with a special activity or treat. In this way you will recognise progress and remind them that the holidays are just around the corner when they can forget about assessment, tests and reports for a while.**



Stay one step ahead of your kids with great ideas & expert advice from Michael Grose. Join Michael's **NEW Parentingideas Club** today at [parentingideasclub.com.au](http://parentingideasclub.com.au). You'll be so glad you did.





# Spirit Alive

youth festival



Featuring  
**Sam Clear**

Mass // Dinner // Music // Input

*\*Bring some money for dinner and drinks*

Saturday 14 June, 5pm-9pm

Holy Spirit College, Bellambi

*Enter from Kent Street, Bellambi*

Ages: Year 9-35 // [youth@dow.org.au](mailto:youth@dow.org.au)

*Download U18's permission slip at [youth.dow.org.au](http://youth.dow.org.au)*