



# ST JOSEPH'S CATHOLIC HIGH SCHOOL

Principal: Mr John Barrington  
Tel: (02) 4230 8500  
Fax: (02) 4256 5793  
Student Absences: 4230 8585  
Postal Address: PO Box 130, Albion Park NSW 2527  
Email: [info@sjchsdown.catholic.edu.au](mailto:info@sjchsdown.catholic.edu.au)  
Website: [www.sjchsdown.catholic.edu.au](http://www.sjchsdown.catholic.edu.au)

Date: 7th April, 2016

Term 1 Week 11A

Dear Parents, Staff and Friends of St Joseph's Community,

## Year of Mercy (8 December 2015 ~ 20 November 2016)

As previously communicated to the Church we are currently in the special Year of Mercy. As we continue through this special period of grace, we are encouraged to use this 'Prayer for the Year of Mercy' written by Pope Francis.

*Lord Jesus Christ,*

*You have taught us to be merciful like the heavenly Father,  
and have told us that whoever sees you sees Him.*

*Show us your face and we will be saved.*

*Your loving gaze freed Zacchaeus and Matthew from being enslaved by money;  
the adulteress and Magdalene from seeking happiness only in created things;  
made Peter weep after his betrayal,  
and assured Paradise to the repentant thief.*

*Let us hear, as if addressed to each one of us, the words that you spoke to the  
Samaritan woman:*

*"If you knew the gift of God!"*

*You are the visible face of the invisible Father,  
of the God who manifests his power above all by forgiveness and mercy:  
let the Church be your visible face in the world, its Lord risen and glorified.  
You willed that your ministers would also be clothed in weakness  
in order that they may feel compassion for those in ignorance and error:  
let everyone who approaches them feel sought after, loved, and forgiven by God.*

*Send your Spirit and consecrate every one of us with its anointing,  
so that the Jubilee of Mercy may be a year of grace from the Lord,  
and your Church, with renewed enthusiasm, may bring good news to the poor,  
proclaim liberty to captives and the oppressed,  
and restore sight to the blind.*

*We ask this through the intercession of Mary, Mother of Mercy,  
you who live and reign with the Father and the Holy Spirit for ever and ever.*

*Amen.*



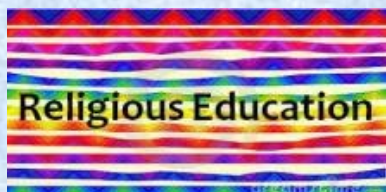
## Term 1 Concludes

As this is the final week of Term 1, with lessons concluding tomorrow afternoon, I would like to acknowledge the hard work of staff and students alike. It has been a very productive and successful time of learning.

Term 2 commences on Tuesday 26th April, 2016 at which time all students will wear their winter uniform including tie and blazer.

I hope that all families have a restful holiday and return refreshed for another term of learning and all that St Joseph's has to offer.

**Mr John Barrington, Principal.**



In this joyful time of the year as we celebrate the Resurrection, it is good to be reminded that we have much to be grateful for. Pope Francis has this message for young people:

*“Dear young men and women, in Christ you find fulfilled your every desire for goodness and happiness. He alone can satisfy your deepest longings, which are so often clouded by deceptive worldly promises. As Saint John Paul II said: ‘He is the beauty to which you are so attracted; it is he who provokes you with that thirst for fullness that will not let you settle for compromise; it is he who urges you to shed the masks of a false life; it is he who reads in your hearts your most genuine choices, the choices that others try to stifle. It is Jesus who stirs in you the desire to do something great with your lives’....*



*“You young people are brave adventurers! If you allow yourselves to discover the rich teachings of the Church on love, you will discover that Christianity does not consist of a series of prohibitions which stifle our desire for happiness, but rather a project for life capable of captivating our hearts”. The Lord’s invitation to encounter him is made to each of you, in whatever place or situation you find yourself. It suffices to have the desire for “a renewed personal encounter with Jesus Christ, or at least an openness to letting him encounter you; I ask all of you to do this unfailingly each day”.*

Our Parish Priest at Albion Park, Fr Richard Healey, has a number of engaging digital resources that you are welcome to explore.

*Mr Marty Pannell, Religious Education Coordinator*



Continuing with our focus on cyber safety, this week I have included an article from Michael Grose discussing *Online Flaming!* What is Online Flaming I hear you ask!! Online Flaming is the act of deliberately trying to stir up trouble whilst online. It is a common act on multi-player gaming sites, in chat rooms, message forums and social media sites. Please take some time to read this article and gets some information on what you, as parents can do to minimise the risk of your child becoming involved in this behaviour.

*Mrs Gail Tarrant, Pastoral Care Coordinator*

## **!!!LOST PROPERTY!!!**

**The Lost Property cupboard in the Front Office is overflowing!  
If you have lost an item of uniform, a lunch box, a drink bottle ~  
please come and enquire.**



"Look what happened at school today..."

## BREAKING NEWS & EVENTS FROM JOEYS



<https://twitter.com/sjchsdown>  
Join us @sjchsdown



By Mrs Michelle Garbutt & Mrs Jodie Linsley - Sport Coordinators

### **Congratulations**

**Maddi Smith** has been selected in the U/21 Combined NSW/QLD 2016 State Hockey Team. She will compete in the Championships from 10-17 April at Sydney Olympic Park. This is a huge effort considering Maddi has only just turned 16 and will be playing with and against some of the best players in the country, who are at least 4 or 5 years older. Good luck Maddi!

**Lavina Woolfe** participated in the NSW State Judo Titles in four divisions gaining a gold medal and 2 silver medals.

### **Swans Cup Report**

On the 30th March, I had the pleasure and opportunity to coach the 16's and Opens Girls AFL Team in the Swans Cup, which was made up of students from Years 8, 9, 10, 11 and 12. It was a great day at Thomas Dalton Park, the weather originally forecast to be cloudy with a chance of thunderstorms turned out to be bright and sunny, perfect conditions for AFL. The girls had never played before but I was very impressed with their efforts throughout the day and how much they had improved. They all tried their very best.

We played two games in total - first game was against Holy Spirit and the second game was against Wollongong High School. Unfortunately we lost both games but each game the girls only got better and became even more competitive. We reached our goal in both games which was to kick at least one goal which we certainly achieved. As the day went on it was great to see all the girls starting to gain a better understanding of our great game known as the Australian Football League.

Special thanks to Mayha Podolski and Taylah Vella who are in Year 8 and 9 respectively and played against girls in year 10, 11 and 12. I was very proud of the way they held their own against older competition.

*Mr Simon Quinn, Coach*

**Good Luck** to our talented swimmers who will be representing the Diocese of Wollongong at the NSWCCC Swimming Championships at Sydney Aquatic Centre on Friday 29th April. Our senior boys: Zachery Sturley, Lachlan Reasin, Jayden Cappetta and Matthew Sperring will contest the 4 x 50m Medley Relay and Hayley Seeney and Jacob Lord are participating in individual events. We wish them well.

### **Sports Star of the Month**

Congratulations to our Sports Stars of the Month for March

Junior Award : Taylah Vella

Taylah is an outstanding young athlete. She has represented St Joseph's in Touch Football, League Tag and AFL this term and gained selection in the Diocesan Touch Football Team. Taylah loves Oztag and played in the State Oztag Championships last month. She is an all round athlete who is an excellent role model for her peers. She shows great passion and commitment to a range of sports and is currently training for the school soccer team. Taylah will give all sports a go and is an excellent ambassador for sport at St Joseph's.



## Sports Star of the Month

Congratulations to our Sports Stars of the Month for March

Senior Award: Jye Shumack

Jye was selected in the NSW Athletics Team to compete at the Australian Junior Championships in Perth. He achieved this in the High Jump with a jump of 1.88m at the NSW Country Championships. Jye competed in the Under 17 age group despite only just turning 15. Jye came 4th in the Australian Championships with a personal best jump of 1.94m. This is phenomenal effort and we wish Jye well with his long term goal of representing Australia at the 2020 Olympics in Tokyo.

### 14's League Tag

Last Tuesday 11 girls from Years 7-9 represented St Joseph's at the Shaun Timmins League Tag Gala Day. The girls played 3 games against local high schools and improved as the day unfolded. For most of the girls, it was the first time they had played League Tag. Through the experience and speed of Taylor Vella, who led the charge and the support play of Jessica Rossi, Grace Jensen and Holly McGuigan, the girls won their final game against Warrawong High School 36-0. I would like to thank the following students who gave up their lunch times to train and represent the school with pride.

*Nikita Charalambous, Danica Thomas, Abby Dobson, Taylah Vella, Grace Jensen, Jessica Rossi, Tahlia Dole, Holly McGuigan, Kirra Moylan, Lillian Marchesi and Maddison Sweet.*



### Canteen Roster 2016

25th April	<b>ANZAC DAY</b>
26th April	Kellie Mundt, Rachael Woolfe
27th April	Angela Walker, Jan Collins
28th April	Sandy O'Connor, Lee-Ann Ginsburg
29th April	Amanda Walker, Nicki Collingburn

### Important Dates for your Diary

- 25/4 - ANZAC DAY
- 26/4 - First Day Term 2
- 28 & 29/4 - Year 8 Reflection and Pastoral Days
- 5 & 6/5 - Year 9 Reflection and Pastoral Days
- 10-12/5 - Year 7 & 9 NAPLAN
- 16/5 - Year 7, 2017 Interviews Commence
- 20/5 - School Athletics Carnival

### Uniform Shop

Trading hours - Monday from 12 noon to 4:15pm And  
Thursday 8:30am to 1:45pm  
School Caps are now in stock  
@ \$11.50 each

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Catholic High  
School

