



ST JOSEPH'S CATHOLIC HIGH SCHOOL

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Date: 27th April, 2016

Term 2 Week 1B

Dear Parents, Staff and Friends of St Joseph's Community,

Anzac Day Commemoration

Yesterday as a school we paused to reflect and remember the great sacrifices that have been made for our country through wars. Each year we look back upon, and give thanks for, the many sacrifices that individual Australian and New Zealand Defence Force Personnel have made for the good of their fellow citizens. During the ceremony we reflected upon several incidents from WW1 including the events that led to the building of the Cobbers Statue and Memorial Park in Fromelles, France.

'...and I could not lift him; but I managed to get him into an old trench and told him to lie quiet while I got a stretcher. Then another man....sang out "Don't forget me cobber." I went in and got four volunteers with stretchers and we got both men in safely'

Sgt Simon Fraser, July 1916



Mr John Barrington
Principal



Change Over to Winter Uniform

As the new term commences, parents and students are reminded that the school has changed over to full winter uniform including the regulation tights for girls, ties and long pants for boys and blazers for all students. It is expected that all students present in full winter uniform throughout Terms 2 and 3. Parents needing to purchase an item of clothing from the School Uniform Shop are

reminded that the Uniform Shop operating hours are Monday 12 noon-4:15pm and Thursday 8:30am-1:45pm.

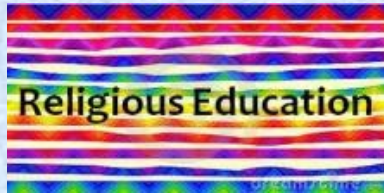
A reminder that all students are required to wear their blazer to and from school every day and that the sports uniform is only to be worn to school on Fridays and during PDHPE lessons. Students are required to change into their sports uniform at the start of their PDHPE lesson and to change back into normal winter uniform at the end of the lesson.

Students are not permitted to wear visible undergarments and any non-uniform items worn as over garments will be confiscated until the end of the school day. The support of all parents would be greatly appreciated in regard to these matters relating to uniform so that we can ensure we uphold the school's reputation as having students who present impeccably in correct uniform each day.

Mrs Jenny Bell, Assistant Principal

Year 12 Commemorative Jackets

Permission has been granted for Year 12 students to wear their Commemorative Jackets (instead of their blazer) on Mondays, Tuesday, Thursdays and Fridays. It is compulsory for Year 12 students to wear their blazers on Wednesdays.



Staff and Students representing St Joseph's Community on Anzac Day

Anzac Day occurs on the 25th April every year. On this day we honour all the men and women who have participated in wars, conflicts and peacekeeping operations around the world, including the Anzac's (Australian and New Zealand Army Corps) who fought at Gallipoli in Turkey during World War 1. Incredibly, more than 100 years have passed since Australia's involvement in the First World War. The Anzac

Centenary (from 2014 to 2018) commemorates Australia's involvement in World War 1 and honours anyone who has served in a war or conflict as well as those men and women still serving in the Defence Forces today. It was on 1 November, 1914 that the first convoy of Australian and New Zealand ships left Albany in Western Australia to transport the Anzacs to the battlefields of World War 1. When most people think of the Anzac's, they think about the infamous landing at Gallipoli on 25 April, 1915. The 100th Anniversary of this moment was commemorated with many events around Australia and around the world. On 25 April, 2015, the traditional dawn service at Gallipoli was attended by more than 8,000 Australians, 2,000 New Zealanders and 500 official representatives from other nations, forming a 10,500 strong crowd on the Gallipoli Peninsula in Turkey. In Australia, the 5 years of the Centenary will be filled with air shows, art awards, marathons, exhibitions, parades and much more. Communities all over Australia will remember, record and retell some of the millions of stories and events that Australians experienced during World War 1. This year on Anzac Day we showed our support as a school community by attending both the Dawn Service at the Albion Park RSL Club at 4:30am and the Shellharbour City Council Commemoration Service at 7:30am. Both of these services were very well attended by our local communities and our students represented us beautifully in their uniforms. It was a privilege to see our students engaging with the wider community in such a positive manner.

Please join us in prayer:

Gracious and loving God,

As we mark the Anzac Centenary, we remember all who lost their lives through Australia's involvement in wars, conflicts and peacekeeping operations. On Anzac Day, we especially remember the courageous actions undertaken by the Australian and New Zealand Army Corps during the First World War. On this national day of commemoration, we pray for the airmen, sailors and soldiers who died in battle, sacrificing their lives while on duty. We commemorate their bravery and pray for the families who lost loved ones. As we strive for peace in our country and world, help us to become instruments of your peace. We ask this prayer through Christ our Lord. Amen.

Special thanks to Ms Sarah-Jane Janson, Miss Melanie Muniz, Mrs Jenny Bell, Mr Stephen Armstrong, Mrs Gail Tarrant, Ms Kristine Davis and Mr Kane Brown along with the students and their families from St Joseph's for your presence and support.

Mr Marty Pannell, Religious Education Coordinator





Anxiety is experienced by all of us at some time or another and depending on the severity, can be paralysing. For those of us with no personal experience of anxiety, it can be hard to understand just how debilitating it can be. Therefore, there is no better time than now for learning how to cope with anxiety. This week's article from Michael Grose gives parents some advice on how to provide support to their child who may be feeling the affects of anxiety.



Project Compassion Thank you!!

As you return from school holidays ready for Term 2, I would like to take this opportunity to thank everyone for their enthusiasm, dedication and generosity in working so hard through Term 1 to support Project Compassion. We raised over \$2,000. This will help to empower the world's most vulnerable people to create change in their own lives.

Miss Senitta Hurley, Mission Team

Canteen Roster 2016

2nd May	Kim Power, Bev Timbs
3rd May	Vickie Austin, Rachel Parkes
4th May	Leanne McMillan, Oriana Dimise, Amanda Quintel
5th May	David Smith, Valerie McMillan
6th May	Christine Brown, Agnes Gibbons, Tracey McLaughlin, Linda Doonar

Important Dates for your Diary

28 & 29/4 - Year 8 Reflection and Pastoral Days
5 & 6/5 - Year 9 Reflection and Pastoral Days
10-12/5 - Year 7 & 9 NAPLAN
16/5 - Year 7, 2017 Interviews Commence
20/5 - School Athletics Carnival
23-27/5 - Preliminary VET Workplacement

Uniform Shop

Trading hours - Monday from 12 noon to 4:15pm And
Thursday 8:30am to 1:45pm
School Caps are now in stock
@ \$11.50 each



Supporting Young People with Mental Health Issues - Parents and Carers Forum

Supporting young people with mental health issues can be very challenging. Parents and care givers are often unsure of how to respond or who to talk to

about the situation, however there are many people we can connect with to navigate these challenges. CatholicCare is offering a free 2 hour forum which will feature guest speaker, Adam Schwartz, who will endeavor to provide a better understanding of how to support a young person in your care who may be experiencing mental health issues. The forum will be held on Tuesday 24th May from 6-8pm at the Resource Centre at Holy Spirit College, Bellambi. There is no cost however bookings are essential. Please contact Sara Oldfield at CatholicCare Wollongong on 4227 1122 by 10th May, to register your attendance.

Parish Family Luncheon

In case you haven't heard, the St Paul's Parish Family Luncheon will be held on Sunday 29th May from 12 noon at the Albion Park Bowling Club. We've had a great response to ticket sales over the last two weekends and they will be on sale after all masses again this weekend. Tickets are \$30 per adult and \$10 for a child under 12. They can be purchased in a table of 8 or individually as required. This will include nibbles on arrival, a two course hot and cold buffet and dessert plus a chance to win the lucky door prize. There will be music, trivia, raffles, spot prizes and more. Don't be shy...there is room at the table for YOU! Come along for an afternoon of fun and light entertainment.

Norma Hollier, Coordinator from St Paul's Parish, Albion Park.

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SPORT REPORT

By Mrs Michelle Garbutt & Mr Brett Moran - Sport Coordinators

Welcome Back!

This term we welcome back Mr Moran who has been on leave for 12 months. I would like to take this opportunity to thank Mrs Jodie Linsley for the incredible job she has done as Acting Sports Coordinator during this time. She has worked tirelessly to implement new initiatives such as the Sports Star of the Month Award and has played an integral role in increasing student participation in school carnivals and fostering house spirit. Mrs Linsley is passionate about sport and has provided support and encouragement to our staff coaches, especially in the areas of Rugby Union, Soccer, Touch Football, Cricket and League Tag. Thank you Mrs Linsley!

Good Luck

Best of luck to the following teams who are representing St Joseph's in the coming week:

- Junior, Intermediate and Open Boys and Girls Soccer who are playing in the Diocesan Soccer Gala Day this Friday 29th April
- Senior Boys Medley Relay Team, Hayley Seeney, Matthew Sperring and Jacob Lord who are competing at NSWCCC Swimming Championships at Homebush this Friday 29th April
- School Cross Country Team who are competing at the Diocesan Cross Country Carnival in Nowra on Monday 2nd May
- Open Boys Rugby Union Team who are playing in the Waratah Cup on Thursday 15th May in Nowra.

Congratulations

Congratulations to *Maddi Smith* who played in the Combined NSW/QLD State Hockey Team at the Under 21 Australian Hockey Championships at Sydney Olympic Park in the holidays.



And further congratulations to *Noah Lepre* from Year 7.

Noah recently competed at the NSW Baseball State Championships. Noah was a pitcher, outfielder and second baseman for the Macarthur Little League Representative Team. His team were crowned NSW State Champions after being undefeated in the competition. The team will now compete at the Australian Nationals at Lismore in June representing NSW and if they are successful there, they will go on to represent Australia at the Little League World Series in the USA. Good luck Noah!

Upcoming Events

Tuesday 17th May - 16 yrs Secondary All Schools Rugby League Gala Day @ Croome Rd, Albion Park

Thursday 19th May - 16's and Open Boys Rugby 7's @ Kiama Showground

Friday 20th May - School Athletics Carnival @ Croome Rd, Albion Park





Will Ye Remember? By Taneaa Kibaimoa-Teatu

Gunfire roared in the distance,
Commanders shouted away.
Armoured birds with new recruits,
But nearly all were under age.

The sun bit hard and soldiers groaned,
As medics treated their wounds.
The men whose bones were busted and bruised,
Cried 'Oh home, we'll be there soon'.

They struggled to breathe without a cry;
The air was nothing but a cloud of dust.
The politicians stayed up high,
Away from this dreaded waste.

We are the soldiers, who fought for you,
The ones who took the hits.
If you remember us as we go on,
Our torch of freedom will always be lit.



"Did you see what happened at school today?"

BREAKING NEWS & EVENTS FROM JOEYS



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